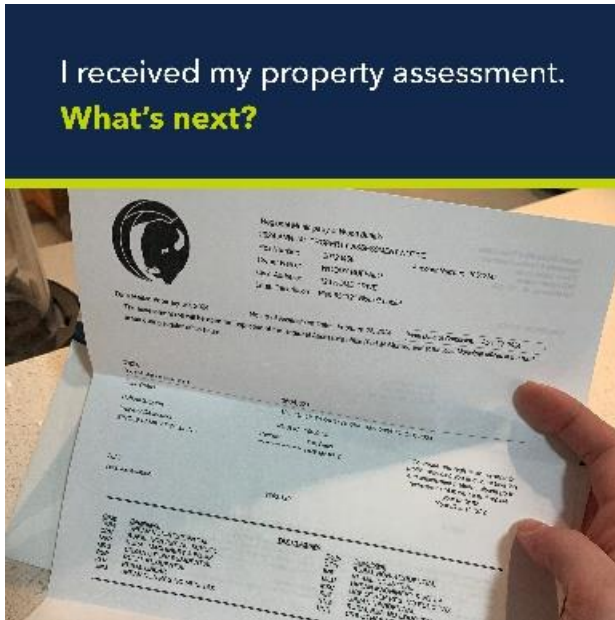


# CONKLIN NAKEWIN NEWS



## March 2025

# Understanding your property assessment



Notices were issued by the Regional Municipality of Wood Buffalo on Feb. 18 to residential and commercial property owners across the region.

Assessment notices contain important information about a property's value and help to ensure each property owner pays their fair share of property taxes in 2025.

For the 2025 taxation year, the property assessments are based on July 1, 2024 market values and physical conditions as of Dec. 31, 2024. Assessments are then used to calculate your annual property tax.

Property tax notices are sent out in May once Council reviews and approves the 2025 Property Tax Rate Bylaw. You can also access

information about your property assessment using the **online search tool** on the municipal website.

## File an appeal by April 28

After speaking with an assessor, property owners who still have concerns with their assessment may file an appeal with the Assessment Review Board before the April 28 deadline. For more information on how to file an appeal, visit [rmwb.ca/assessments](https://rmwb.ca/assessments).

## Request for Information (RFI) - Watch your mail in March

Some residents will also be receiving a RFI notice in the mail. This information helps the RMWB to collect information about your property so the Assessment office can calculate a fair and equitable market values assessment. The RFI cycles through different neighbourhoods, so you won't receive one every year for the same property.

Learn more about assessments and property taxes at [rmwb.ca/taxes](https://rmwb.ca/taxes).

For further information or questions, please contact Pulse at 780-743-7000 or online at [rmwb.ca/pulse](https://rmwb.ca/pulse).

## New Land Use Bylaw being presented to Council March 24

A new Land Use Bylaw (LUB) is being presented to Council for consideration at a Public Hearing on March 24, 2025, at 6 p.m. in Council Chambers at the Jubilee Centre. Community members are encouraged to share their thoughts about the LUB with Council during the Public Hearing.

### What is the Land Use Bylaw (LUB)?

The LUB regulates the use and development of land and buildings within the Regional Municipality of Wood Buffalo to support safe and sustainable growth. The current LUB has been in place since 1999 and needs to be replaced to respond to the changes over the past 25 years and community needs.



Developed through extensive public engagement, the new Land Use Bylaw is user-friendly with updated regulations that address community needs and will support responsible development and economic growth in the region by providing greater flexibility for new development.

Review the draft LUB and the public engagement What We Heard Report at [participate.rmwb.ca/LUB](https://participate.rmwb.ca/LUB)

### Register to participate in the Public Hearing by noon on March 17

If you would like to share your thoughts about the new LUB with Council, you must register with Legislative Services before 12:00 noon, Monday, March 17, 2025. Residents can share their thoughts in-person or by sending in a written submission.

- Register on-line at [www.rmwb.ca/publichearingsubmission](https://www.rmwb.ca/publichearingsubmission)
- Email [legislative.assistants@rmwb.ca](mailto:legislative.assistants@rmwb.ca)
- Call Legislative Services at 780-743-7001. (\*only for in-person presentations)

Tune in to watch the Public Hearing live on the [RMWB Youtube channel](#) or on the local Rogers TV station.

Find more information in the LUB Public Notice and at [rmwb.ca/council](https://rmwb.ca/council)

# COMMUNITY NOTICE



REGIONAL MUNICIPALITY  
OF WOOD BUFFALO

## Municipality, Cenovus Energy sign mutual aid agreement

(February 21, 2025) A mutual aid agreement recently signed between the Municipality and Cenovus Energy Inc. will support fire and rescue operations in Conklin.

When available, emergency resources from the Christina Lake Thermal Project will be dispatched through the Municipality's 911 call centre to incidents in the community.

Janvier and Anzac volunteer fire departments, and the Fort McMurray Fire Department will also continue to support fire and rescue response in the community while the Conklin Fire Department rebuilds its membership.

Regional Emergency Services would like to thank Cenovus and all mutual aid partners in the region who support emergency response in Wood Buffalo.

### **The Conklin Fire Department is seeking dedicated and reliable community members to join their team!**

Until more paid-on-call firefighters are recruited and trained, the Conklin department is not safely able to respond to emergencies.

Interested community members are encouraged to apply now. Firefighters are paid for training time and for responding to fires.

Interested in learning more?

- Visit the Conklin RMWB municipal office. Leave your name and number and you will be contacted by a fire department member.
- Call **1-800-973-9663** toll-free.



## Candidate nominations open for 2025 municipal election

*New rules in place for campaigning, find more information at [rmwb.ca/elections](https://rmwb.ca/elections)*

Candidate nominations are now open to all eligible residents interested in running for the position of RMWB mayor, councillor or school board trustee.

### New rules are in place for 2025 municipal election

Changes to the [Local Authorities Elections Act](#) require candidates to submit a notice of intent to appear on the official register of candidates before accepting campaign donations and incurring expenses. In addition, all candidates must complete the nomination process to appear on the ballot.

### Call for candidate nominations

Nominations are now being accepted from candidates for the upcoming 2025 municipal election. Prospective candidates must file their notice of intent and complete the nomination process by **noon on Monday, Sept. 22, 2025**.

Find the notice of intent form, nomination forms, required documentation and additional information for interested candidates at [rmwb.ca/elections](https://rmwb.ca/elections).

Potential candidates with questions or in need of assistance, can contact the Elections Office through Pulse at 780-743-7000 or email [elections@rmwb.ca](mailto:elections@rmwb.ca) and a Legislative Services staff member will assist.

The general election for the RMWB and all municipalities in Alberta will be held on Oct. 20, 2025.

# Step up in an emergency

**Volunteer** with the *Emergency Social Services team*

Join a team that helps residents during an emergency or disaster.

- Build your knowledge, confidence, and experience.
- No experience required. Training will be provided.

**Apply online today**

For more information call:

- [780-743-7000](tel:780-743-7000)
- Toll Free [1-800-973-9663](tel:1-800-973-9663)



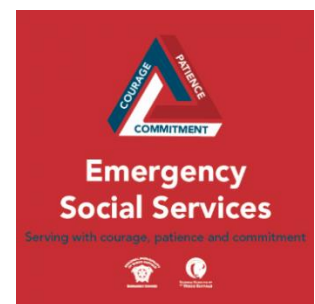
## What we do:

Emergency Social Services provides basic supports for residents displaced by large emergencies or incidents in the Municipality.



## Who we are:

Volunteers, community partners, and municipal employees who work together under the guidance of the Emergency Management Branch of Regional Emergency Services.



# COMMUNITY NOTICE



REGIONAL MUNICIPALITY  
OF WOOD BUFFALO

## Emergency Fire Response - Conklin Fire Department

The Conklin Fire Department is experiencing a significant shortage of members. Until additional members are recruited and trained, the Conklin Fire Department will not be responding to 911 calls.

Effective immediately, emergency fire response in Conklin is being provided by the Janvier, Anzac, and Fort McMurray Fire Departments.

Community help needed

The community's support is needed to ensure the department is revitalized.

Do you know someone who would make a good Paid-on-Call Firefighter? – Ask them to apply.

Becoming a Paid-on-Call Firefighter

Are you a Conklin resident with a strong passion for serving your community? We need your help! We are looking for dedicated individuals to help revitalize the Conklin Fire Department and make a meaningful impact in the community.

**Learn more:**

- Visit the Conklin RMWB Municipal Office. Leave your name and phone number and you will be contacted by a member of the local fire department.
- Call **780-792-5500** or call **1-800-973-9663** toll free. Leave your contact information and you will be contacted by a member of the local fire department.



## Come and join the TEAM!





# Answer the call

## The Conklin Fire Department needs you!

If you have passion for serving your community, we need your help! Until more firefighters are recruited and trained, the department cannot respond to fire emergencies.

**LEARN MORE**

Call 780-792-5500 or call 1-800-973-9663 toll free.

Leave your contact information and you will be contacted by a member of the local fire department.







# HOME FIRE SAFETY PROGRAM

**Now Available in Fort Chipewyan, Janvier and Conklin**

Get a free fire safety check of your home by firefighters

**Free** smoke and carbon monoxide (CO) alarms will be provided to replace expired, missing or non-working alarms in your home

*Check your alarms today!*



**Book your appointment:**

Regional Emergency Services: 780-792-5519

or

Call the Municipal Pulse line toll-free: 1-800-973-9663

## Regional Municipality of Wood Buffalo



# Coffee Connect



**Conklin  
Multiplex**



**11:30 AM  
- 2:00 PM**



**March:  
6, 13, 20, 27**

---

The RMWB Rural Relations staff will be at the Conklin Multiplex from 11:30 am until 2:00 pm to assist with paperwork, address community needs, and fill service gaps.

Residents are encouraged to stop by for support, questions, or a friendly chat.

---

*Stop by for a fresh cup of coffee and a friendly chat!*

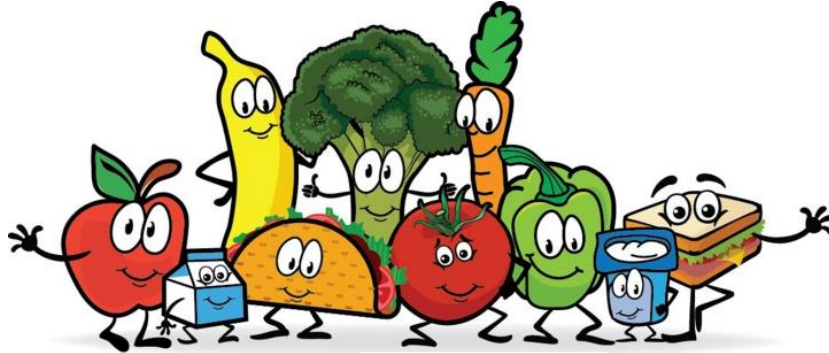


REGIONAL MUNICIPALITY  
OF WOOD BUFFALO

## **Conklin Seniors Luncheon**

**Thursday, March 20, 2025**

**12 - 3pm in the Senior's room.**



**Thursday, March 20, 2025**

**3:30 - 5:30pm**

**Youth Cooking**

### **2025 Street Banner Art Call**

The Regional Municipality of Wood Buffalo invites artists and creatives 12 years of age and older residing in the Regional Municipality of Wood Buffalo to showcase their artistic talent.

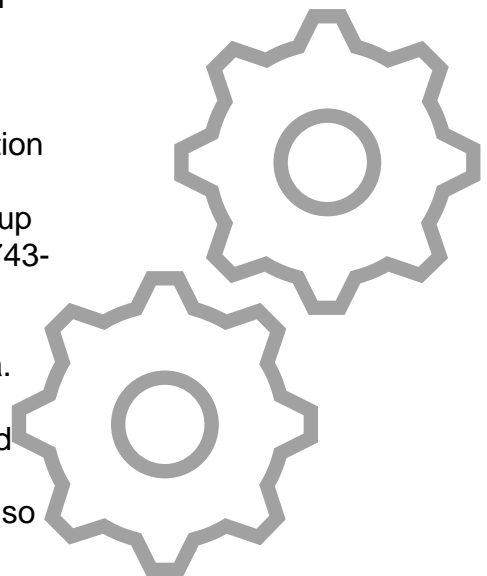
This year's Street Banner design contest theme is **WHEELS IN MOTION**. Celebrate pathfinding and transportation in the region. Let imagination and innovation drive the *Wheels in Motion!*

Art paper for Street Banner submissions can be picked up at the Municipal Office or by contacting PULSE at 780-743-7000.

**New this year!** Rural designs will be selected for rural communities. Designs must meet guidelines and criteria. Selected rural designs will receive a full-sized banner. All designs will be included for the chance to be selected as one of the 14 designs featured in Fort McMurray. If selected as one of these 14 designs, a design fee will also be awarded.

**Deadline to submit is May 1 at 4 p.m.**

Learn more at [rmwb.ca/banner](http://rmwb.ca/banner).



# Shape Policing Priorities in Wood Buffalo

Every year, Wood Buffalo RCMP invites residents to share their safety concerns and shape policing priorities for the region. These priorities ensure that officers focus on issues that matter most to your community, alongside responding to calls for service.

## How to Participate

Your feedback, combined with local data and crime trends, helps determine focus areas for the coming year.

**You can participate in any of the following ways:**

- 1. Attend an RCMP Community Open House**  
Join an RCMP Community Open House to share your thoughts directly with officers. Visit [rmwb.ca/policingpriorities](https://rmwb.ca/policingpriorities) for details.
- 2. Visit your local Municipal office**  
Fill out a paper survey and submit it on-site.
- 3. Call Pulse**  
Complete the survey over the phone (**780-743-7000 or 1-800-973-9663**).
- 4. Online**  
Visit [rmwb.ca/policingpriorities](https://rmwb.ca/policingpriorities) to complete the survey online.

Get involved now and stay tuned this spring to see how your feedback will shape policing efforts in Wood Buffalo.

[rmwb.ca/participate](https://rmwb.ca/participate)



REGIONAL MUNICIPALITY  
OF WOOD BUFFALO

## Community Policing - presentations available

The Wood Buffalo Community Policing Unit has a great list of presentations they can bring to communities when requested.

### Available presentations

- A Career in the RCMP - Gr 7-Adult
- ATV Safety - Gr 10-Adult
- Being a Good Citizen - ECDP-Gr 6
- Being a Mountie - ECDP-Gr 6
- Bicycle Safety - ECDP-Gr 6
- Bullying (includes Cyberbullying) - ECDP-Gr 9
- Consent - Gr 7-Adult
- Crime Scene Investigations - ECDP-Adult
- Drug Awareness
  - For Teens (cannabis, alcohol, vaping and opioid awareness) - Gr 7-12
  - For Adults (includes clandestine drug labs, methamphetamines, opioids)
- Fraud & Identity Theft - Adult
- Halloween Safety - ECDP-Gr 6
- History of the Force - Gr 4-Adult
- Online Safety (includes Cyberbullying) - ECDP-Gr 6
- Online Safety (include Cyberbullying, Social Media & the Law) - Gr 7-Adult
- Personal Safety - ECDP-Adult
- Police & Canadian Law (for New Canadians) - Gr 10-Adult
- Property Crime Prevention - Adult
- Restorative Justice - Gr 9-Adult
- Senior Safety - Adult
- Sexting - Gr 7-Adult
- Traffic
  - Impaired Driving (Alcohol & Drugs) - Gr 9-Adult
  - Distracted Driving - Gr 9-Adult
  - Winter Driving - Gr 9-Adult
- Unhealthy Relationships/Dating Violence - Gr 7-Adult
- Youth Criminal Justice Act - Gr 7-Adult



**Want a presentation?** Contact us if you'd like a presentation for your group, class or community at [communitypolicing@rmwb.ca](mailto:communitypolicing@rmwb.ca) or call 780-788-4040 and ask for the Community Policing Coordinator.



## WOOD BUFFALO RESTORATIVE JUSTICE

### What is it?

- A voluntary program that offers a safe, respectful way to promote healing after harm has occurred.
- Allows offenders to take responsibility for their actions and allows the community to see its role in contributing to reconciliation.
- Provides an opportunity for everyone involved to have a voice and determine actions and outcomes to ensure accountability.

### Learn more:

- The Restorative Justice Advisor will be in **Conklin** on March 3, and in **Fort Chipewyan** on March 5-7, to provide presentations for leadership or community members who are interested in learning more.

Restorative Justice Contact Information:

- Phone: 780-788-4253
- Toll Free: 1-888-788-4250
- Email: [restorative.justice@rmwb.ca](mailto:restorative.justice@rmwb.ca)

### Get involved.

*We need committed volunteers to help! Please contact us.*

## For any questions, please contact Pulse!

**PULSE**

780-743-7000 • 1-800-973-9663  
[rmwb.ca/pulse](http://rmwb.ca/pulse)

Call. Submit online.  
Real answers every time, all the time.

Residents in rural communities can contact the Regional Municipality of Wood Buffalo 24/7 by contacting Pulse via the following:

- 780-743-7000
- 1-800-973-9663 (toll-free)

[www.rmwb.ca/pulse](http://www.rmwb.ca/pulse)



Wood Buffalo Victim Services provides victims of crime and trauma with support, information and referrals based on their needs. The intent is to ease the crisis and help them return to stability.

### **Why should victims of crime and trauma contact us?**

Our support workers are empathetic listeners. They will give you information to help you make decisions that are best for you and your circumstances. Part of our role is to make sure you are treated fairly. You have rights under the *Alberta Victims of Crime Act*.

Please call or email to speak to a support worker. We can arrange to meet in your community.

### **Community visit dates for March**

- **Fort Chipewyan** - March 5-7 - Court/Restorative Justice
- **Fort McKay** - March 13 and March 27
- **Conklin** - March 3 and March 17 at the CRDAC office and school
- **Janvier** - March 5 and March 19
- **Anzac/FMFN 468** - March 6 and March 20

### **Wood Buffalo Victim Services**

**Phone: 780-788-4250**

**Toll Free: 1-888-788-4250**

**Email: [victim.services@rmwb.ca](mailto:victim.services@rmwb.ca)**



## Some municipal service fees and rates are increasing April 1

In November, RMWB Council approved increases to several user rates and fees as part of the annual update to the user fees, rates and charges bylaw. These include:

- Utilities (water, sewer, garbage + curbside)
- Transit
- Landfill
- Cemeteries
- Development and building permits and services

The increases will help offset the cost of delivering these services.

### Rural transit fare increasing April 1, 2025

Rural transit cash fares for adults and children are increasing by 11%, effective April 1.

- **Adult fares (ages 13 – 64):**
  - Current fare: \$12
  - New fare: \$13.50 (11% increase).
- **Child fares (ages 5 – 12):**
  - Current fare: \$6
  - New fare: \$6.75 (11% increase).

### Utility rates increasing by 10-15%

Utility rates for municipal water, wastewater, and certain solid waste services are increasing by 10 to 15%. The changes vary depending on the size of the property's water meter and between rural, urban, and commercial services.

### New fee structure in place for some administrative services

Additional new fees cover certain ambulance services and community backyard rink applications.

To view the updated rates and learn more about user fees and charges, visit [rmwb.ca/userfees](http://rmwb.ca/userfees)





## **Specialized Mobility Bus Service – Conklin**

The Specialized Mobility Assistance Required Transportation (SMART Bus) service is available in the rural communities, including Conklin!

The service is typically available in each rural community one day every week to take individuals with disabilities or seniors, who have no other means of transportation, to and from Fort McMurray. Riders are able to book trips between designated pick-up and return times.

Eligible Conklin community members that would like to use the SMART Bus service need to register first, then one designated day a week for service and hours of operation will be established.

### **How to register and book the SMART Bus**

Individuals with disabilities or seniors, who have no other means of transportation, can register for the service. **Completed application forms must be received before booking the service.**

To begin the registration process, visit [rmwb.ca/smartbus](http://rmwb.ca/smartbus), contact the SMART Bus booking line at 780-743-7909 or email at [smartbus@rmwb.ca](mailto:smartbus@rmwb.ca).

Once registered and a designated day for service is established, you may **book a trip by calling 780-743-7909** between the hours of 8:00 a.m. to 4:00 p.m., Monday through Friday.

Booking must be made by 12:00 p.m. the day before designated day. Clients must provide destinations for pick-up, drop-off and return.

Please note the SMART Bus is a shared service and does not remain with the client for the duration of the visit to Fort McMurray.

### **SMART Bus Fees**

Rural Service is \$10.00 each way. One-way trips can be provided.

Bookings for SMART Bus for rides in Fort McMurray, between the hours of pick-up and return, can be booked for an additional \$1.50/ ride.

For more information on SMART Bus, please visit [rmwb.ca/smartbus](http://rmwb.ca/smartbus)

### **SMART Bus**

**Tel: (780) 743-7909**

E-mail: [smartbus@rmwb.ca](mailto:smartbus@rmwb.ca) Website: [www.rmwb.ca/smartbus](http://www.rmwb.ca/smartbus)

# Conklin Garbage and Recycling Drop-off



Do you know that you can drop off residential garbage and recycling, including household hazardous waste, for free at the Conklin Waste Transfer Station? All community members are encouraged to use the facility located on the Conklin West Road (Range Rd 82A).

Help protect the environment and keep Conklin clean by disposing of items properly. All items are brought to the Municipal landfill for proper disposal or recycling.

<b>Seasonal Hours of Operation (Nov. 1 – Mar. 31):</b>
<ul style="list-style-type: none"> <li>• Wednesday: 9:00 a.m. – 5:00 p.m.</li> <li>• Friday: 9:00 a.m. – 5:00 p.m.</li> <li>• Sunday: 9:00 a.m. – 5:00 p.m.</li> </ul>

The following items are not allowed to be dropped off at the Conklin Waster Transfer Station:

- |  |                                   |
|--|-----------------------------------|
| Commercial waste                             | Animal carcasses or deceased pets |
| Ammunition                                   | Asbestos                          |
| Explosives                                   | Oil Field Waste                   |
| Radioactive waste                            | Waste containing free liquids     |
| Biological, biomedical or pathological waste | Vehicles and vehicle parts        |

Learn more about garbage and recycling services at [rmw.ca/garbage](http://rmw.ca/garbage). If you have any questions, connect with Pulse at 780-743-7000, toll-free at 1-800-973-9663 or online at [rmwb.ca/pulse](http://rmwb.ca/pulse).

## Community Programs, Activities & Events

# WAYPOINTS OUTREACH TEAM

**WE WILL BE IN  
CONKLIN ON:**

March 3rd 10am-3pm at the  
Multiplex

&

March 17th 10am-3pm at the  
Multiplex

**HAVE YOU BEEN IMPACTED BY FAMILY AND/OR SEXUAL  
VIOLENCE? ARE YOU LOOKING FOR SUPPORT AND WAYS TO COPE  
IN A SAFE ENVIRONMENT?**

To book an appointment  
please call/text our  
outreach manager at  
780-750-8618  
or email at  
outreach.manager@waypointswb.ca

**WE OFFER FREE  
COUNSELLING  
AND SUPPORT  
SERVICES**



[www.waypointswb.ca](http://www.waypointswb.ca)



WAYPOINTS

100-130 Prospect Drive  
Fort McMurray, AB, T9K 2Z5



*A provincial non-profit organization dedicated to building strong, vibrant communities to enable youth on their path to rewarding careers.*



**CO-OP application deadline is April 3<sup>rd</sup>, 2025.**

### CAREERS CO-OP Apprenticeship Program

The CO-OP program is available for youth aged 18-25 who are interested in starting their apprenticeship in the trades. Interested candidates must attend a mandatory information session. You can attend one of the sessions outlined below in Fort McMurray or we can bring the presentation to your community. To register for an information session, please contact Anika Campbell by phone – **647-220-2052** or by email [coopdocuments@nextgen.org](mailto:coopdocuments@nextgen.org).

Date	Time
March 4, 2025	10:00am
March 6, 2025	6:00pm

### Employers Looking for Summer Staff

Are you looking to hire a summer student this year? CAREERS is working with local high school students to find summer internships in a variety of fields. We can also provide financial support for hiring. The Youth Internship Incentive Program is designed to increase the number of employers supporting work-integrated learning internships in trades, technologies, and in-demand occupations. This financial incentive supports new employers to offer CAREERS internships, and existing employers to expand their ability to provide more internships, and employers to support more internships.

### WLMN Education & Career Fair 2025

CAREERS will be attending the Willow Lake Métis Nation’s Education and Career Fair on March 20 at the Anzac Recreation Centre from 11:00am to 3:00pm. For additional details, please visit [www.wlmn.ca](http://www.wlmn.ca).

**Check out our website: [www.careersnextgen.ca](http://www.careersnextgen.ca)**

*If you are interested in learning more about any of these programs, please contact Ali Grinham, who will be happy to meet with you in person, virtually, or by phone to provide the details on how to apply.*

*P: 587-442-7628 | E: [agrinham@nextgen.org](mailto:agrinham@nextgen.org)*



## Board Meeting Highlights February 14, 2025

### Four NSD students nominated for Honouring Spirit: Indigenous Student Award



Four Northland students have been nominated for the Honouring Spirit: Indigenous Student Award:

- Brooklyn Wiltzen (Grade 5, Anzac Community School)
- Avery Gladue-Auger (Grade 12, Mistassiniy School)
- Miles Desjarlais (Grade 8, Northland Online School)
- Zoey Powderhorn-Desjarlais (Grade 11, Northland Online School)

This award recognizes outstanding Indigenous students who inspire others through leadership, culture, and academic success.

### The Board nominates Pearl Lorentzen for Friends of Education Award

The board has nominated Pearl Lorentzen, a journalist with the Lakeside Leader, for the Alberta School Boards Association's Friends of Education Award. Pearl has been reporting on education and community stories in northern Alberta since 2019.

### NSD moving ahead with purchasing new school buses

The board approved the purchase of four new school buses to refresh the fleet using capital reserves. The buses will be acquired through a public tender process.

### NSD working with Athabasca Tribal Council on traditional ceremonies course

Northland is working with Athabasca Tribal Council (ATC) to develop a course on traditional ceremonies. Feedback from Elders in Janvier and Fort McMurray #468 will be gathered before submitting the final course for approval by March 1, 2025.

### Superintendent's Highlights – updates on achieving Northland School Division's priorities

Superintendent of Schools/CEO Cal Johnson shared progress on NSD's key priorities:

- **Connections Supporting Reconciliation** – Teachers participated in professional learning sessions on Métis knowledge and relationship-building with communities.
  - **Holistic Learning** – NSD continues using the Collaborative Response Model to support student learning, including exam preparation and expanding Career and Dual Credit programs.
  - **Excellent People Supporting Students** – NSD will present at upcoming provincial conferences on how data is improving student success.
- Responsible Resourcing** – Jordan's Principle funding has been secured for this year, with early submission planned for 2025-2026.

To read the full Board Highlights, visit: <https://www.nsd61.ca/download/489357>.



The Northeast Alberta FASD Network enhances regional capacity to prevent FASD and support those impacted by it through coordinated planning, collaboration, education, and service delivery.

- **Assessment and diagnosis:** Diagnosis is the first step to getting the help that individuals with FASD need.
- **Rural outreach:** Our Outreach program is designed to assist and support individuals affected by FASD as well as their Families/caregivers. Through a strength-based approach clients are prepared to achieve greater success.

NEAFAN team is available in:

**Janvier: Municipal Building – March 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup>, 31<sup>st</sup>**

**Janvier Multiplex Building – March 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup>**

**#468: Health Center – March 11<sup>th</sup>, 18<sup>th</sup>**

**Fort McKay: Family Support Building – March 4<sup>th</sup>, 25<sup>th</sup>**

**Anzac: Recreation Centre: March 13<sup>th</sup>**

**Conklin: Multiplex Centre – March 6<sup>th</sup>**

**Fort Chipewyan: Nunee Health Centre – March 20<sup>th</sup>**

\*Please refer to the community Events and programs Calendar for date and time for information or to schedule an intake appointment, please contact:

FASD Rural Outreach Worker: Kenisha  
Boothe  
9916 Manning Avenue Fort McMurray AB  
Phone: 780-799-1748  
Email: [Kenisha.boothe@mcman.ca](mailto:Kenisha.boothe@mcman.ca)

FASD Rural Outreach Worker: Alyssa  
Nicolle  
9916 Manning Avenue Fort McMurray AB  
Phone: 587-919-5237  
Email: [Alyssa.nicolle@mcman.ca](mailto:Alyssa.nicolle@mcman.ca)



# The Hub in CONKLIN

## The Hub on Wheels

The Hub on Wheels program travels to rural communities on a regular basis to provide strengthbased, community programming aimed at supporting child and youth development, increasing family and community connection, and offering parent/caregiver support. Programming is free and open to all families with children ages 0-6.

upcoming

**Thursdays**  
**MARCH**  
**6, 13, 20, & 27**  
**12 PM - 2 PM**  
Conklin Rec Centre

Programming for  
parents/caregivers with children 0-6

Scan to register



### Wood Buffalo



In Wood Buffalo, the Family Resource Network offers inclusive and accessible, community-based programs that serve the entire family unit ages 0-18.

Our Systems Navigator will help connect your children and family to appropriate supports and ensure access to opportunities and resources for improved health, wellness and connection.

Our family-focused programming is free and available for all Wood Buffalo residents living in rural communities.



[thehubfrc.ca/frn](http://thehubfrc.ca/frn)

Sponsored by:



**QUESTIONS?**  
send us a text  
780.713.9150

Follow us





# Conklin Public Health Services

Public Health Nurse visits occur every two weeks at this location throughout the year, see schedule below.

Public Health Nurses provide:

- Well Child Clinic
- Support for families with infants
- Infant and child growth monitoring
- Breastfeeding support
- Child & adult immunizations
- Health teaching and advice
- Disease control & follow-up
- School immunizations
- Take home Naloxone kits
- Seasonal influenza immunization



The Public Health Nurse will be available between  
**11:00 a.m. – 2:00 p.m.** as follows:

Mar 11<sup>th</sup> & 25<sup>th</sup>

Please call or text 780-215-8125 for more information or to book an appointment with the Public Health Nurse. Walk-ins are also welcome.

**\*Influenza Vaccination:** Available on walk in basis during influenza season





All visits are 100% covered by Alberta Health

**1.888.342.4822**

**AIVCC.ca**

**3  
EASY  
STEPS**



**Alberta Indigenous  
Virtual Care Clinic  
(AIVCC)**

## HOW OUR **VIRTUAL CLINIC WORKS**

**1**



Call 1-888-342-4822 and a Medical Office Assistant will **register** you and **book** your appointment.

**2**



**Speak to a Doctor** by telephone or video using your preferred device.

**3**



Our office will fax **prescriptions, requisitions** and more where you would like them to go.

**OPEN  
7 DAYS  
A WEEK**

**MONDAY, WEDNESDAY** **OPEN LATE**

**TUESDAY, THURSDAY, FRIDAY**

**SATURDAY, SUNDAY AND SOME HOLIDAYS**

8:30AM - 8:30PM

8:30AM - 4:30PM

12:30PM - 4:30PM

# Peer Coaching for Healthy Living

## Reach your best health with the help of a coach



People need support when taking care of long-term health concerns. There are trained peer coaches who will talk with you over the phone about ways to take care of your own health conditions.

### What Will a Peer Coach Do?

- Talk about how to solve problems, set action plans, and achieve goals
- Help you stay on track and check in with you on your goals, and help make decisions towards healthy habits
- Help find services and programs in your community
- Provide social and emotional support
- Talk with you for 30 minutes every week for 3 months
- Connect with adults in the Edmonton and Northern Alberta areas who cannot use online options

### Who are the Peer Coaches?

They are trained AHS volunteers who may be living with similar health issues. They are not health professionals and cannot provide medical advice.

### How Do I Get a Peer Coach?

It is FREE to be paired with a coach, and each person is matched to the coach who will offer the best support. Scan the QR code or call the number listed.

**To register:**

**North Zone: 1-877-349-5711**

**Edmonton Zone: 825-404-7460 (press 3)**



# Resource List (National/RMWB)

## Emergency Support Contacts

Suicide & Crisis Lifeline: Call/Text 988

Hope for Wellness (24 Hour Crisis Intervention and Counselling):

1-855-242-3310

Crisis Service Canada: 1-833-456-4566 or text 45645 (4pm-12am)

Wellness Together Canada: 1-866-585-0445 or text 'wellness' to 741741

Alberta Rural Distress line: 1-800-232-7288

Waypoints Crisis Line (Sexual and Family Violence): 780-743-1190

Alberta Mental Health Help Line: 1-877-303-2642

Healthlink: 811

Information and Referral: 211

## RMWB Mental Wellness Education and Support

Canadian Mental Health Association: 780-743-1053

Some Other Solutions: 780-743-8605

St. Aidan's Society (Senior): 780-743-4370 ext.2

Stepping Stones (Youth): 780-750-2252

Unity House Emergency Shelter: 780-743-1190

Sexual Assault Healing Centre: 780-791-6708

## RMWB Addiction and Recovery Support

Wood Buffalo Wellness (Mark Amy Treatment): 780-334-2398

Pastew Place Detox: 780-791-2525

Northreach Society: 780-876-2974

## RWMB Free/Low-cost Counselling Support

AHS Walk-in Clinic: 780-793-8360

Waypoints Counselling and Support: 780-750-8650

Some Other Solutions Counselling: 780-743-8605

Legacy Counselling Centre: 587-536-6619

Wood Buffalo Primary Care Network (need Dr. referral) 780-714-2193

*Wellness Solutions Inc.*

Janene Hickman BSW, RSW

C: 780-972-1650 E: [wellness.solutions@outlook.com](mailto:wellness.solutions@outlook.com)



walk with me,  
talk with me,  
learn with me

Indigenous Support Line  
1-844-944-4744 or 811



Indigenous  
Wellness Core



Are you an Indigenous person that has questions about navigating Alberta Health Services, has a concern, or needs help?

- ◆ Patient Concerns
- ◆ Referrals
- ◆ Cultural Support
- ◆ Primary Care Support
- ◆ Addiction Mental Health Support
- ◆ General Support

[ahs.ca/isl](https://ahs.ca/isl)



# Happy Birthday!

- March 6 Terra Richards  
Darren Bone
- March 8 Kurtis Richards  
Alysha Whitford
- March 12 Verna Quintal-Janvier
- March 13 Lilly Bone
- March 15 Kelsey Monias
- March 18 Velma Quintal-Nokohoo
- March 23 Emily Powder
- March 28 Doris Quintal  
Danielle Powder
- March 30 Sherry Tremblay
- March 31 Kylie McKenzie



**If you wish to have your birthday and anniversary published in the Newsletter, please contact Wendy at the Municipal Office (780) 559-2235**





## CONKLIN MUNICIPAL OFFICE

244 Northland Drive Conklin, AB TOP 1H1  
780-559-2235 (fax: 780-559-2277)

**Office hours are:**

Monday to Friday: 8:30 a.m. - 12:00 p.m. & 1:00 p.m. - 4:30 p.m.

[Wendy.Desjarlais@RMWB.CA](mailto:Wendy.Desjarlais@RMWB.CA)

## IMPORTANT CONTACT INFORMATION

<b>PULSE</b> (MUNICIPAL SWITCH BOARD)	1-800-973-9663 780-743-7000	PULSE@RMWB.CA	RMWB.CA/PULSE
<b>COMMUNITY CONTACTS:</b>		<b>SOCIAL MEDIA:</b>	
CONKLIN SCHOOL	780-559-2228	 @WOODBUFFALORURALCOMMUNITYCONNECTION   @RMWOODBUFFALO   @RMWOODBUFFALO	
CONKLIN MULTI-PLEX	780-793-6970		
CRDAC	780-559-9107		
CCA OFFICE	780-559-9134		
HEALTH NURSE	780-559-2011 OR 780-791-6247	<b>MUNICIPAL OFFICE SERVICES</b> <ul style="list-style-type: none"> <li>● UTILITY BILL PAYMENTS</li> <li>● WATER AND SEWER HOOK UPS</li> <li>● ANIMAL LICENSES</li> <li>● DEBIT/CREDIT MACHINE AVAILABLE FOR PAYMENT</li> </ul>	
RCMP	780-613-0658		
ALL EMERGENCIES	911		

Deadline for April newsletter Submissions is **March 25, 2025**

e-mail: [ruralnewsletters@rmwb.ca](mailto:ruralnewsletters@rmwb.ca) OR [wendy.desjarlais@rmwb.ca](mailto:wendy.desjarlais@rmwb.ca)

# Conklin Community Programs & Events

SUN	MON	TUES	WED	THURS	FRI	SAT
						1
2	3 Waypoints Visit 10 – 3pm <b>Victim Services visit</b> Restorative Justice	4	5 <b>ASH Wednesday</b> 	6 Addictions & Mental Health 12 – 4pm HUB-on-Wheels visit 12 – 2pm RMWB Coffee Connect 11-2pm	7	8
9 	10	11 Health Nurse visit 11 – 2pm	12 	13 Addictions & Mental Health 12 – 4pm HUB-on-Wheels visit 12 – 2pm RMWB Coffee Connect 11-2pm	14	15
16 Metis Local #193 Family merchandise <b>BINGO:</b> Doors open at 5:30pm	17  Waypoints Visit 10 – 3pm	18 <b>Food Bank Delivery 12 – 2pm</b>	19 	20 Addictions & Mental Health 12 – 4pm HUB-on-Wheels visit 12 – 2pm RMWB Coffee Connect 11-2pm RMWB Senior's Day 12 – 3pm RMWB Youth Cooking 3:30 – 5:30pm	21	22
23	24	25 Health Nurse visit 11 – 2pm  <b>NEWSLETTER DEADLINE</b>	26 	27 Addictions & Mental Health 12 – 4pm HUB-on-Wheels visit 12 – 2pm RMWB Coffee Connect 11-2pm <b>FOOD BANK DELIVERY 12-2pm</b>	28	29
30	31					

Children: **Red**  
 Youth/Teen: **Blue**  
 Adult & Seniors: **Purple**  
 Family Programs: **Green**  
 Events: **Pink**



# March 2025

S	M	T	W	TH	F	S
						1
2	3 Adult Volleyball 6:30pm - 8:30pm Location: Field House  Tot Floor Play 1:00pm - 3:00pm Location: Indoor playground	4 Senior Social 11:00am - 12:00pm Location: Elders Room  Badminton 3:00pm - 4:00pm Location: Field House	5 Adult Social 12:00pm-1:00pm Location: Elders Room	6 The Hub TBD  AHS 12:00pm-4:00pm Location: Back Office  Sensory Play 1:00pm - 3:00pm Location: Concourse  Teen Social Ages 13 - 18 6:00pm - 7:00pm Location: Youth Room	7 Floor Hockey 3:00pm-4:00pm Location: Field House  Family Board Game Frenzy 6:00pm - 8:00pm Location: Concourse	8
9 Family Craft Night 6:00pm - 7:00pm Location: Stage Area	10 Adult Volleyball 6:30pm - 8:30pm Location: Field House  Tot Floor Play 1:00pm - 3:00pm Location: Indoor playground	11 Senior Social 11:00am - 12:00pm Location: Elders Room  Badminton 3:00pm - 4:00pm Location: Field House	12 Adult Social 12:00pm-1:00pm Location: Elders Room	13 The Hub TBD  AHS 12:00pm-4:00pm Location: Back Office  Sensory Play 1:00pm - 3:00pm Location: Concourse  Pickleball 3:00pm-4:00pm Location: Field House	14 NO SCHOOL	15
16	17 Adult Volleyball 6:30pm - 8:30pm Location: Field House  Tot Floor Play 1:00pm - 3:00pm Location: Indoor playground	18 Senior Social 11:00am - 12:00pm Location: Elders Room  Badminton 3:00pm - 4:00pm Location: Field House	19 Dr. Seuss Birthday 10:00am - 2:00pm Location: Concourse & Gymnasium  Adult Social 12:00pm-1:00pm Location: Elders Room	20 The Hub TBD  AHS 12:00pm-4:00pm Location: Back Office School paint the ice Location: Arena time 10:00am - 5:00pm Sensory Play 1:00pm - 3:00pm Location: Concourse  Teen Social Ages 13 - 18 6:00pm - 7:00pm Location: Youth Room	21 Floor Hockey 3:00pm-4:00pm Location: Field House  Family Board Game Frenzy 6:00pm - 8:00pm Location: Concourse	22 Youth Spa Day 1:00pm - 3:00pm Location: Stage Area
23	24 Adult Volleyball 6:30pm - 8:30pm Location: Field House  Tot Floor Play 1:00pm - 3:00pm Location: Indoor playground	25 Senior Social 11:00am - 12:00pm Location: Elders Room  Badminton 3:00pm - 4:00pm Location: Field House	26 School Gym Class 10:00am - 10:30am (Paint the snow)  Adult Social 12:00pm-1:00pm Location: Elders Room	27 The Hub TBD  AHS 12:00pm-4:00pm Location: Back Office  Sensory Play 1:00pm - 3:00pm Location: Concourse  Pickleball 3:00pm-4:00pm Location: Field House	28 Floor Hockey 3:00pm-4:00pm Location: Field House  Family Board Game Frenzy 6:00pm - 8:00pm Location: Concourse	29

30

31  
 NO SCHOOL  
  
 Family Movie Night  
 3:00pm - 5:00pm

Call for more information at  
 (780) 793-6970  
 Website coming soon!