



REGIONAL MUNICIPALITY
OF WOOD BUFFALO

OFFICE OF THE MAYOR

PROCLAMATION

- WHEREAS** Mental Health Week is an annual public education campaign designed to encourage Canadians to learn, talk, reflect and engage with others on the importance of mental health and the reality of mental illness; and
- WHEREAS** nearly one in five Canadians is affected by mental illness, yet a persistent stigma prevents millions from getting the help they need; and
- WHEREAS** in mental illness there are different kinds of mental disorders each characterized by a different set of symptoms that affect how we think, feel, and behave. A disorder is not just a feeling or reaction to an experience or event, it can interfere with a person's roles, activities, relationships and/or capacity for self care; and
- WHEREAS** the continuing theme **Mental Health For All** represents the right of every Canadian to enjoy and have the best possible mental health at home, work, and in their own community; and
- WHEREAS** mental health education is vital in the prevention, recognition, response and early treatment of mental illness and may reduce the severity of the illness or support the recovery of those experiencing a mental illness; and
- WHEREAS** The Canadian Mental Health Association, Wood Buffalo region is committed to the mental health of our community and wants to break down barriers of mental illness by offering support and programs to our families, friends and neighbours; and
- WHEREAS** the Saline Creek Bridge will be lit in lime green in support of this occasion.

THEREFORE NOW, I, Don Scott, Mayor of the Regional Municipality of Wood Buffalo, do hereby proclaim **May 7 – 13, 2018** as:

“Mental Health Week”

IN WITNESS WHEREOF, I have hereunder set my hand and caused to be affixed the seal of the Regional Municipality of Wood Buffalo in Fort McMurray, Alberta, this **4th day of May 2018**.

Don Scott, QC
Mayor

