

CONKLIN NAKEWIN NEWS



April 2025



Some municipal service fees and rates are increasing April 1

In November, RMWB Council approved increases to several user rates and fees as part of the annual update to the user fees, rates and charges bylaw. These include:

- Utilities (water, sewer, garbage + curbside)
- Transit
- Landfill
- Cemeteries
- Development and building permits and services

The increases will help offset the cost of delivering these services.

Rural transit fare increasing April 1, 2025

Rural transit cash fares for adults and children are increasing by 11%, effective April 1.

- **Adult fares (ages 13 – 64):**
 - Current fare: \$12
 - New fare: \$13.50 (11% increase).
- **Child fares (ages 5 – 12):**
 - Current fare: \$6
 - New fare: \$6.75 (11% increase).

Utility rates increasing by 10-15%

Utility rates for municipal water, wastewater, and certain solid waste services are increasing by 10 to 15%. The changes vary depending on the size of the property's water meter and between rural, urban, and commercial services.

New fee structure in place for some administrative services

Additional new fees cover certain ambulance services and community backyard rink applications.

To view the updated rates and learn more about user fees and charges, visit rmwb.ca/userfees



REGIONAL MUNICIPALITY
OF **WOOD BUFFALO**

Conklin

COMMUNITY ENGAGEMENT SUMMARY



Date

April 1, 2025
6:00PM – 8:00PM



Location

Conklin Multiplex



Key Topics

- Regional Emergency Services
- Bylaw - Animal Control and Land Use Bylaw
- Rural Water Sewer Services (RWSS)
- Legislative Services – Council Appointed Committee Recruitment
- Community Services – CIPAC, Community Investment Program and Street Banner Program
- RCMP



Next Meeting

October 2025
Conklin Multiplex



Candidate nominations open for 2025 municipal election

New rules in place for campaigning, find more information at rmwb.ca/elections

Candidate nominations are now open to all eligible residents interested in running for the position of RMWB mayor, councillor or school board trustee.

New rules are in place for 2025 municipal election

Changes to the [Local Authorities Elections Act](#) require candidates to submit a notice of intent to appear on the official register of candidates before accepting campaign donations and incurring expenses. In addition, all candidates must complete the nomination process to appear on the ballot.

Call for candidate nominations

Nominations are now being accepted from candidates for the upcoming 2025 municipal election. Prospective candidates must file their notice of intent and complete the nomination process by **noon on Monday, Sept. 22, 2025**.

Find the notice of intent form, nomination forms, required documentation and additional information for interested candidates at rmwb.ca/elections.

Potential candidates with questions or in need of assistance, can contact the Elections Office through Pulse at 780-743-7000 or email elections@rmwb.ca and a Legislative Services staff member will assist.

The general election for the RMWB and all municipalities in Alberta will be held on Oct. 20, 2025.

Census 2025

April 1- June 30, 2025

The Municipality is launching the 2025 Municipal Census on April 1.

The main purpose of Census 2025 is to produce a population count which helps the RMWB, and its many community partners, including the business and social-profit sectors plan for the services that make Wood Buffalo a place to proudly live, work and explore.

Participating in census is easy; there are several ways to count yourself in.

Online

Residents have multiple convenient ways to complete the 2025 municipal census, with the online option being especially quick and easy! Residents will receive their personal identification number (PIN) letters by regular mail, each containing a unique PIN located in the top-right corner, specific to their household.

To complete the census, go to rmwb.ca/census where you'll find a direct link to the census portal.

Enumerators will be in your neighbourhood soon

In certain rural communities, enumerators will also offer instant enumeration when delivering PIN letters. Enumerators will be wearing RMWB branded T-shirts and hats along with badges to identify them as census workers.

Call Pulse to complete the census by phone

Residents can also complete their census by phone by contacting Pulse at 780-743-7000 or toll-free at 1-800-973-9663. Pulse will connect you with the census team, who are available to assist with any questions, help retrieve your PIN and even complete the enumeration process over the phone.

Apply to join the Municipal Policing Committee by April 21

Interested in helping your community represent local policing priorities and concerns to local RCMP leadership?

Applications are needed to fill seven voting positions on the newly created Municipal Policing Advisory Committee.

The Municipal Policing Committee will have the authority to:

- Oversee the administration of the municipality's police service agreements.
- Represent public interests and concerns to local RCMP leadership.
- Collaborate with local detachments to plan yearly priorities and strategies.
- Develop community safety plans.
- Ensure service delivery reflects and addresses local needs.
- Regularly report on the implementation of programs and services that support police service priorities.

The RMWB is looking for qualified candidates for seven voting positions: five ward representatives and two public-at-large members.

Representation is needed from communities in each ward in the region, including First Nations within the Wood Buffalo or Fort Chipewyan RCMP detachment boundaries.

The RMWB is also recruiting for two public-at-large positions, seeking applications from the following groups: Black, Indigenous and persons of colour (BIPOC), immigrants, LGBTQ2S+, persons with disabilities, religious minorities, seniors, women, and youth.

Establishing this 11-member committee has been mandated by the Government of Alberta for all communities policed by the RCMP, as part of changes made last year to the Police Governance Regulation.

Rural and Indigenous residents strongly encouraged to apply

Many committee meetings can be attended remotely by video call, making it easier for rural residents to participate. Rural committee members will be reimbursed mileage expenses for driving to attend meetings in person.

Access the Boards and Committees portal and submit your application by April 21 at rmwb.ca/boards.

For questions or to get help applying for a vacancy, contact Pulse at 780-743-7000 or toll-free at 1-800-973-9663.

Bring your creative vision to life in the region



The **Arts, Culture and Heritage Grant** provides **up to \$5,000** for projects that create, inspire and preserve within the cultural landscape of the region.

Apply early!

Individuals and groups may apply for a maximum of \$5,000. The deadline for grant applications is Dec. 31, 2025 at 4:30 p.m. MST or until the total \$50,000 funding is exhausted, whichever comes first. Apply early through the Community Investment Program (CIP) Grant Portal as funding is awarded in order of completed applications received.

What projects are eligible?

Projects must align with one or more [Wood Buffalo Culture Plan](#) priorities. The eligibility list varies and ranges from performing arts to heritage restoration to landscape design.

Projects that have received grant support in previous years include:

- **Palette Town**, a video showcasing the potential for art in Wood Buffalo.
- **Rock the Rails**, an annual skateboard and BMX competition that also features local musical acts.
- **Lavender Skies: Exploring Queer Creativity in Wood Buffalo**, a local art show at the Kirschner Family Community Art Gallery at MacDonald Island Park.

Get started today by visiting rmwb.ca/CIP.

2025 Street Banner Program explores Wheels in Motion

Artists and creatives 12 years of age and older residing in the Regional Municipality of Wood Buffalo are invited to showcase their artistic talent in the 2025 Street Banner Program! Selected designs will receive a **\$600 design fee**, a screened banner and the opportunity to be displayed throughout the region!



All submissions will be showcased at the **Kirschner Family Community Art Gallery at MacDonald Island Park**.

This year's theme, **Wheels in Motion**, invites you to celebrate pathfinding and transportation in the region. Art paper for Street Banner submission can be pick up at the Municipal Office or by contacting the PULSE line at 780-743-7000.

Showcasing rural art in rural communities

Rural designs will also be selected for rural communities. Designs must meet guidelines and criteria. Selected rural designs will receive a full-sized banner.

Submit your artwork by May 1

Learn more at rmwb.ca/banner.

Subscribe to the artist roster

Join the artist roster to receive emails about upcoming artist calls, programs, events and information sessions at rmwb.ca/PublicArt.

Step up in an emergency

Be the Helping Hand When It Matters Most - Volunteer with the Emergency Social Services team

Join a team that helps residents during an emergency or disaster.

- Build your knowledge, confidence, and experience.
- No experience required. Training will be provided.



RMWB.ca/ESSVolunteer

For more information call:

- [780-743-7000](tel:780-743-7000)
- Toll Free [1-800-973-9663](tel:1-800-973-9663)



What we do:

Emergency Social Services helps people during large emergencies or incidents in the Municipality.

Who we are:

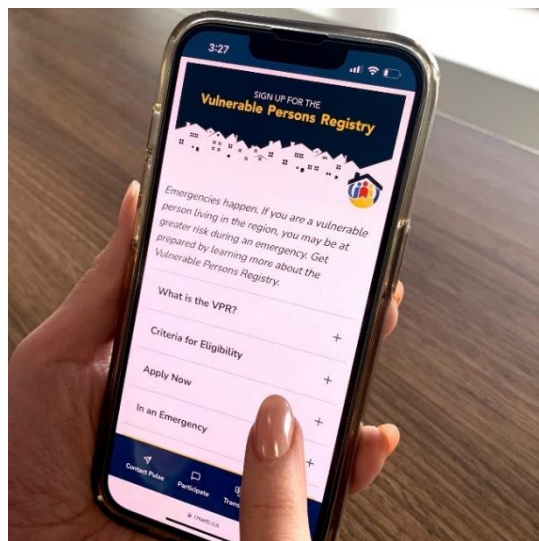
Volunteers, community partners, and municipal employees who work together under the Emergency Management Branch of Regional Emergency Services.





Emergencies happen. If you are a vulnerable person living in the region, you may be at greater risk.

Apply to be added to the Vulnerable Persons Registry (VPR) - a free, voluntary and confidential service for residents living at home who would be at greater risk during emergencies.



To sign up or learn more visit - rmwb.ca/vpr



Anzac, Conklin, Gregoire Lake Estates Schedule: Wednesday and Friday - Trip #1

Time	Pick Up/Drop Off	Location
9:00 a.m.	Pick up	Conklin RMWB Office
9:10 a.m.	Pick up	Conklin Corner Store
10:20 a.m.	Pick Up	Anzac Recreation Centre
10:35 a.m.	Pick up	Gregoire Lake Estates (mailboxes)
12:05 p.m.	Drop off	Hardin Street & MacDonald Avenue (Across from Provincial building)
12:10 p.m.	Drop off	Manning Avenue (AMA Parking Lot)

Anzac, Conklin, Gregoire Lake Estates Schedule: Wednesday and Friday - Trip #2

Time	Pick Up/Drop Off	Location
17:00 p.m.	Pick up	Manning Avenue (AMA Parking Lot)
17:05 p.m.	Pick up	Hardin St & MacDonald Ave (Across from Provincial Building)
17:35 p.m.	Drop off	Gregoire Lake Estates (mailboxes)
17:55 p.m.	Drop off	Anzac Recreation Centre
19:25 p.m.	Drop off	Conklin Corner Store
19:30 p.m.	Drop off	Conklin RMWB Office

Join the Volunteer Fire Department

We need paid on-call members!



What we do:

- We respond to fire emergencies, helping people and protecting property.

Who you are:

- Reliable and dedicated - with time for weekly training and the ability to respond

Learn more:

Call 780-743-7000 (toll free 1-800-973-9663) and someone from the fire department will contact you.



HOME FIRE SAFETY PROGRAM

Now Available in Fort Chipewyan, Janvier and Conklin

Get a free fire safety check of your home by firefighters

Free smoke and carbon monoxide (CO) alarms will be provided to replace expired, missing or non-working alarms in your home

Check your alarms today!



Book your appointment:

Regional Emergency Services: 780-792-5519

or

Call the Municipal Pulse line toll-free: 1-800-973-9663

Regional Municipality of Wood Buffalo



Coffee Connect



**Conklin
Multiplex**



**11:30 AM
- 2:00 PM**



**April:
3, 10, 17, 24**

The RMWB Rural Relations staff will be at
the Conklin Multiplex from
11:30 am until 2:00 pm to assist with paperwork, address
community needs, and fill service gaps.

Residents are encouraged to stop by for support,
questions, or a friendly chat.

*Stop by for a fresh cup of coffee and
a friendly chat!*



REGIONAL MUNICIPALITY
OF WOOD BUFFALO

Conklin Seniors Luncheon

Thursday, April 10 & 17, 2025

12 - 3pm in the Senior's room.



Senior Luncheon

Thursday, April 3 & 17, 2025

3:30 – 5:30pm

Youth activity



Wood Buffalo Senior Social

Come join us in Janvier for lunch, bingo,
and door prizes!

TUESDAY | **APRIL** | **12-3 PM**
29

TO REGISTER:

JANVIER: 780-559-2230

CONKLIN: 780-559-2235

ANZAC: 780-334-2298

**FORT MCMURRAY/FORT
MCKAY: 780-792-1892**

PLEASE RSVP BY APRIL
17TH

Transportation Available

Community Policing - presentations available

The Wood Buffalo Community Policing Unit has a great list of presentations they can bring to communities when requested.

Available presentations

- A Career in the RCMP - Gr 7-Adult
- ATV Safety - Gr 10-Adult
- Being a Good Citizen - ECDP-Gr 6
- Being a Mountie - ECDP-Gr 6
- Bicycle Safety - ECDP-Gr 6
- Bullying (includes Cyberbullying) - ECDP-Gr 9
- Consent - Gr 7-Adult
- Crime Scene Investigations - ECDP-Adult
- Drug Awareness
 - For Teens (cannabis, alcohol, vaping and opioid awareness) - Gr 7-12
 - For Adults (includes clandestine drug labs, methamphetamines, opioids)
- Fraud & Identity Theft - Adult
- Halloween Safety - ECDP-Gr 6
- History of the Force - Gr 4-Adult
- Online Safety (includes Cyberbullying) - ECDP-Gr 6
- Online Safety (include Cyberbullying, Social Media & the Law) - Gr 7-Adult
- Personal Safety - ECDP-Adult
- Police & Canadian Law (for New Canadians) - Gr 10-Adult
- Property Crime Prevention - Adult
- Restorative Justice - Gr 9-Adult
- Senior Safety - Adult
- Sexting - Gr 7-Adult
- Traffic
 - Impaired Driving (Alcohol & Drugs) - Gr 9-Adult
 - Distracted Driving - Gr 9-Adult
 - Winter Driving - Gr 9-Adult
- Unhealthy Relationships/Dating Violence - Gr 7-Adult
- Youth Criminal Justice Act - Gr 7-Adult



Want a presentation?

Contact us if you'd like a presentation for your group, class or community at communitypolicing@rmwb.ca or call 780-788-4040 and ask for the Community Policing Coordinator.



WOOD BUFFALO

RESTORATIVE JUSTICE

What is it?

- A voluntary program that offers a safe, respectful way to promote healing after harm has occurred.
- Allows offenders to take responsibility for their actions and allows the community to see its role in contributing to reconciliation.
- Provides an opportunity for everyone involved to have a voice and determine actions and outcomes to ensure accountability.

Restorative Justice Contact Information:

- Phone: 780-788-4253
- Toll Free: 1-888-788-4250
- Email: restorative.justice@rmwb.ca

Get involved.

We need committed volunteers to help! Please contact us.

For any questions, please contact Pulse!



Residents in rural communities can contact the Regional Municipality of Wood Buffalo 24/7 by contacting Pulse via the following:

- 780-743-7000
- 1-800-973-9663 (toll-free)

www.rmwb.ca/pulse



Wood Buffalo Victim Services provides victims of crime and trauma with support, information and referrals based on their needs. The intent is to ease the crisis and help them return to stability.

Why should victims of crime and trauma contact us?

Our support workers are empathetic listeners. They will give you information to help you make decisions that are best for you and your circumstances. Part of our role is to make sure you are treated fairly. You have rights under the *Alberta Victims of Crime Act*. Please call or email to speak to a support worker. We can arrange to meet in your community.

Community visit dates for March

- **Fort Chipewyan** - April 3 - Court/Restorative Justice
- **Fort McKay** - April 3 and April 22
- **Conklin** - April 7 and April 22 at the CRDAC office and school
- **Janvier** - April 9 and April 23
- **Anzac/FMFN 468** - April 10 and April 17

Wood Buffalo Victim Services

Phone: 780-788-4250

Toll Free: 1-888-788-4250

Email: victim.services@rmwb.ca



Specialized Mobility Bus Service – Conklin

The Specialized Mobility Assistance Required Transportation (SMART Bus) service is available in the rural communities, including Conklin!

The service is typically available in each rural community one day every week to take individuals with disabilities or seniors, who have no other means of transportation, to and from Fort McMurray. Riders are able to book trips between designated pick-up and return times.

Eligible Conklin community members that would like to use the SMART Bus service need to register first, then one designated day a week for service and hours of operation will be established.

How to register and book the SMART Bus

Individuals with disabilities or seniors, who have no other means of transportation, can register for the service. **Completed application forms must be received before booking the service.**

To begin the registration process, visit rmwb.ca/smartbus, contact the SMART Bus booking line at 780-743-7909 or email at smartbus@rmwb.ca.

Once registered and a designated day for service is established, you may **book a trip by calling 780-743-7909** between the hours of 8:00 a.m. to 4:00 p.m., Monday through Friday.

Booking must be made by 12:00 p.m. the day before designated day. Clients must provide destinations for pick-up, drop-off and return.

Please note the SMART Bus is a shared service and does not remain with the client for the duration of the visit to Fort McMurray.

SMART Bus Fees

Rural Service is \$10.00 each way. One-way trips can be provided.

Bookings for SMART Bus for rides in Fort McMurray, between the hours of pick-up and return, can be booked for an additional \$1.50/ ride.

For more information on SMART Bus, please visit rmwb.ca/smartbus

SMART Bus

Tel: (780) 743-7909

E-mail: smartbus@rmwb.ca Website: www.rmwb.ca/smartbus

Conklin Garbage and Recycling Drop-off



Do you know that you can drop off residential garbage and recycling, including household hazardous waste, for free at the Conklin Waste Transfer Station? All community members are encouraged to use the facility located on the Conklin West Road (Range Rd 82A).

Help protect the environment and keep Conklin clean by disposing of items properly. All items are brought to the Municipal landfill for proper disposal or recycling.

Seasonal Hours of Operation (April 1 – Oct 31, 2025):

- Monday: 9:00 a.m. – 5:00 p.m.
- Tuesday: 9:00a.m. – 5:00 p.m.
- Friday: 9:00 a.m. – 5:00 p.m.
- Sunday: 9:00 a.m. – 5:00 p.m.

The following items are not allowed to be dropped off at the Conklin Waster Transfer Station:

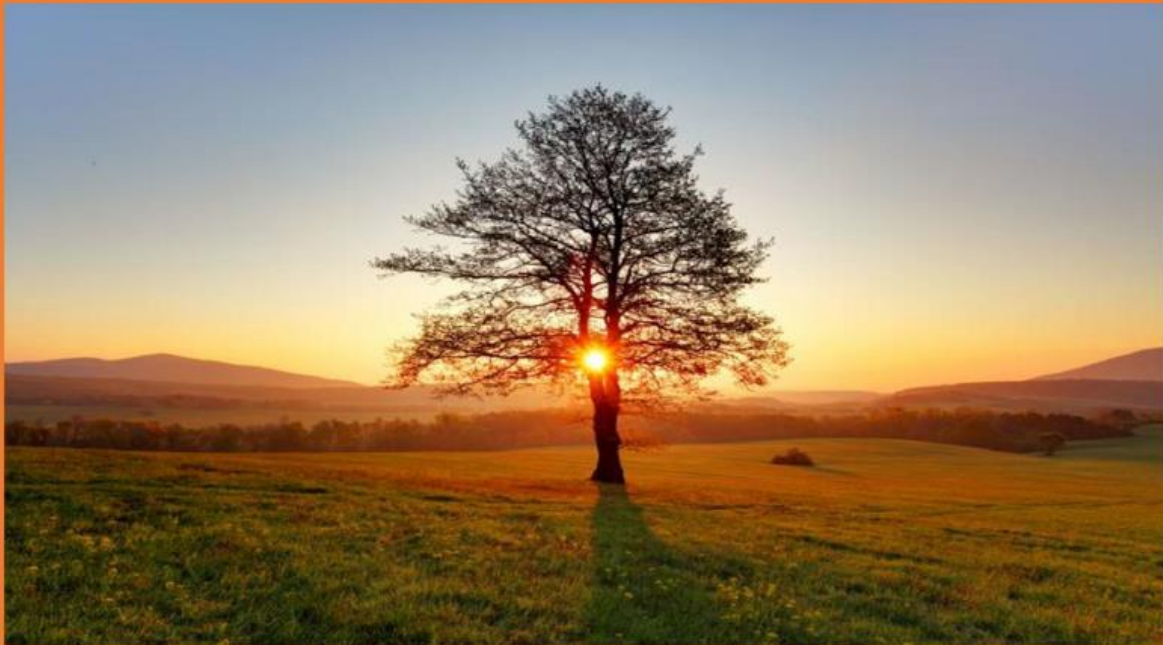
Commercial waste
Ammunition
Explosives
Radioactive waste
Biological, biomedical or pathological waste

Animal carcasses or deceased pets
Asbestos
Oil Field Waste
Waste containing free liquids
Vehicles and vehicle parts

Learn more about garbage and recycling services at rmw.ca/garbage. If you have any questions, connect with Pulse at 780-743-7000, toll-free at 1-800-973-9663 or online at rmwb.ca/pulse.

Community Programs, Activities & Events

ANXIETY INFO SERIES



Join Tammy to learn more about Anxiety, self-management strategies, plus where and how to get further support.

DATE: April 3rd, 1:30pm-2:30pm

LOCATION: Multiplex

WHO: ADULTS 18+

CALL FOR MORE INFO: (780)793-8360



DE-STRESS

Stress affects people physically, mentally and emotionally.
De-stress is a great workshop to learn
easy, practical tools to reduce stress anytime, anywhere
and in the moment.

DATE: April 3rd , 10:30am-12pm

LOCATION: Multiplex

WHO: Adults 18+

For more info, pls call: (780)793-8360



LIFESTYLE HACKS FOR MANAGING DEPRESSION

IF you would like to learn more about Depression, Self-Management strategies or where and how to get further help and support, Please join Tammy in an upcoming workshop in your community.

DATE: April 3rd, 1:30pm-2:30pm

LOCATION: Multiplex

WHO: ADULTS 18+

CALL FOR MORE INFO: (780)793-8360



Music & Mood

Music has the ability to enhance our Mental Wellbeing. It can also aid in our recovery journey. Please join Tammy for a fun workshop on how to use music to cope with difficult times, fight cravings & change your moods.



Location: Multiplex

Date: April 3rd, 10:30am-12pm

Who: Adults 18+;

Call for more info: (780)793-8360





The Hub in CONKLIN

Triple P - Positive Parenting Program

This program will increase your skills in managing your child's or teen's behavior, in a group setting. Parents will discuss and share ideas about parenting, and receive practical information that they can incorporate into everyday interactions with their children

upcoming

Thursdays

APRIL

3, 10, 17, 24

12 PM - 2 PM

Conklin Rec Centre

Programming for
parents/caregivers with children 0-6

Wood Buffalo

In Wood Buffalo, the Family Resource Network offers inclusive and accessible, community-based programs that serve the entire family unit ages 0-18.

Our Systems Navigator will help connect your children and family to appropriate supports and ensure access to opportunities and resources for improved health, wellness and connection.

Our family-focused programming is free and available for all Wood Buffalo residents living in rural communities.

thehubfrc.ca/frn

Sponsored by:





The Northeast Alberta FASD Network enhances regional capacity to prevent FASD and support those impacted by it through coordinated planning, collaboration, education, and service delivery.

- Assessment and diagnosis: Diagnosis is the first step to getting the help that individuals with FASD need.
- Rural outreach: Our Outreach program is designed to assist and support individuals affected by FASD as well as their Families/caregivers. Through a strength-based approach clients are prepared to achieve greater success. NEAFAN team is available in:

Janvier Multiplex Building – April 2nd, 9th, 16th, 23rd, 30th

#468: Wellness Centre – April 1st, 8th, 22nd, 29th

#468 Health Fair: Mac Island - April 15th

Fort McKay: Family Support Building – April 7th, 14th, 28th

Anzac: Recreation Centre - April 3rd

Fort Chipewyan: Nunee Health Centre – April 10th

Conklin: Multiplex Building – April 17th

*Please refer to the community Events and programs Calendar for date and time for information or to schedule an intake appointment, please contact:

FASD Rural Outreach Worker:
Kenisha Boothe
9916 Manning Avenue Fort
McMurray AB
Phone: 780-799-1748
Email: Kenisha.boothe@mcman.ca

FASD Rural Outreach Worker:
Alyssa Nicolle
9916 Manning Avenue Fort
McMurray AB
Phone: 587-919-5237
Email: Alyssa.nicolle@mcman.ca

WAYPOINTS OUTREACH TEAM

**WE WILL BE IN
CONKLIN ON:**

**April 7th 10am-3pm at the
Multiplex**

**HAVE YOU BEEN IMPACTED BY FAMILY AND/OR SEXUAL
VIOLENCE? ARE YOU LOOKING FOR SUPPORT AND WAYS TO COPE
IN A SAFE ENVIRONMENT?**

**To book an appointment
please call/text our
systems navigator at
780-713-6682
or email at
system.navigator@waypointswb.ca**

**WE OFFER FREE
COUNSELLING
AND SUPPORT
SERVICES**



www.waypointswb.ca



WAYPOINTS

**100-130 Prospect Drive
Fort McMurray, AB, T9K 2Z5**



Conklin Public Health Services

Public Health Nurse visits occur every two weeks at this location throughout the year, see schedule below.

Public Health Nurses provide:

- Well Child Clinic
- Support for families with infants
- Infant and child growth monitoring
- Breastfeeding support
- Child & adult immunizations
- Health teaching and advice
- Disease control & follow-up
- School immunizations
- Take home Naloxone kits
- Seasonal influenza immunization



The Public Health Nurse will be available between
11:00 a.m. – 2:00 p.m. Spring – Summer '25, as follows:

Apr. 8th & 22nd, May 6th & 20th,

June 3rd & 17th, July 15th & 29th,

Aug. 12th & 26th, Sept 9th & 23rd

Please call or text 780-215-8125 for more information or to book an appointment with the Public Health Nurse. Walk-ins are also welcome.

www.albertahealthservices.ca



All visits are 100% covered by Alberta Health

1.888.342.4822

AIVCC.ca

**3
EASY
STEPS**



**Alberta Indigenous
Virtual Care Clinic
(AIVCC)**

HOW OUR **VIRTUAL CLINIC WORKS**

1



Call 1-888-342-4822 and a Medical Office Assistant will **register** you and **book** your appointment.

2



Speak to a Doctor by telephone or video using your preferred device.

3



Our office will fax **prescriptions, requisitions** and more where you would like them to go.

**OPEN
7 DAYS
A WEEK**

MONDAY, WEDNESDAY **OPEN LATE**
TUESDAY, THURSDAY, FRIDAY
SATURDAY, SUNDAY AND SOME HOLIDAYS

8:30AM - 8:30PM
8:30AM - 4:30PM
12:30PM - 4:30PM



A provincial non-profit organization dedicate to building strong, vibrant communities to enable youth on their path to rewarding careers.

ATC Career Fair

CAREERS will be attending the Athabasca Tribal Council Career Fair on April 8 at the Syncrude Sport and Wellness Centre. The event runs April 8 and 9, and is intended to empower Indigenous communities by building connections and offering meaningful employment prospects, fostering regional cultural and economic growth. ATC is excited to announce Carey Price, former NHL goaltender and inspiring youth speaker, as the keynote speaker.



Employers Looking for Summer Staff

Are you looking to hire a summer student this year? CAREERS is working with local high school students to find summer internships in a variety of fields. We can also provide financial support for hiring. The Youth Internship Incentive Program is designed to increase the number of employers supporting work-integrated learning internships in trades, technologies, and in-demand occupations. This financial incentive supports new employers to offer CAREERS internships, and existing employers to expand their ability to provide more internships, and employers to support more internships.

Outland Youth Employment Program – Applications Open

A national network of land-based education, training and work opportunities for high school aged Indigenous youth. OYEP is a six-week work experience providing training and education in a supportive space that replicates various work environments. Applications close May 31.

Check out our website: www.careersnextgen.ca

If you are interested in learning more about any of these programs, please contact Ali Grinham, who will be happy to meet with you in person, virtually, or by phone to provide the details on how to apply.

P: 587-442-7628 | E: agrinham@nextgen.org

Peer Coaching for Healthy Living

Reach your best health
with the help of a coach



People need support when taking care of long-term health concerns. There are trained peer coaches who will talk with you over the phone about ways to take care of your own health conditions.

What Will a Peer Coach Do?

- Talk about how to solve problems, set action plans, and achieve goals
- Help you stay on track and check in with you on your goals, and help make decisions towards healthy habits
- Help find services and programs in your community
- Provide social and emotional support
- Talk with you for 30 minutes every week for 3 months
- Connect with adults in the Edmonton and Northern Alberta areas who cannot use online options

Who are the Peer Coaches?

They are trained AHS volunteers who may be living with similar health issues. They are not health professionals and cannot provide medical advice.

How Do I Get a Peer Coach?

It is FREE to be paired with a coach, and each person is matched to the coach who will offer the best support. Scan the QR code or call the number listed.

To register:

North Zone: 1-877-349-5711

Edmonton Zone: 825-404-7460 (press 3)



Resource List (National/RMWB)

Emergency Support Contacts

Suicide & Crisis Lifeline: Call/Text 988

Hope for Wellness (24 Hour Crisis Intervention and Counselling):

1-855-242-3310

Crisis Service Canada: 1-833-456-4566 or text 45645 (4pm-12am)

Wellness Together Canada: 1-866-585-0445 or text 'wellness' to 741741

Alberta Rural Distress line: 1-800-232-7288

Waypoints Crisis Line (Sexual and Family Violence): 780-743-1190

Alberta Mental Health Help Line: 1-877-303-2642

Healthlink: 811

Information and Referral: 211

RMWB Mental Wellness Education and Support

Canadian Mental Health Association: 780-743-1053

Some Other Solutions: 780-743-8605

St. Aidan's Society (Senior): 780-743-4370 ext.2

Stepping Stones (Youth): 780-750-2252

Unity House Emergency Shelter: 780-743-1190

Sexual Assault Healing Centre: 780-791-6708

RMWB Addiction and Recovery Support

Wood Buffalo Wellness (Mark Amy Treatment): 780-334-2398

Pastew Place Detox: 780-791-2525

Northreach Society: 780-876-2974

RWMB Free/Low-cost Counselling Support

AHS Walk-in Clinic: 780-793-8360

Waypoints Counselling and Support: 780-750-8650

Some Other Solutions Counselling: 780-743-8605

Legacy Counselling Centre: 587-536-6619

Wood Buffalo Primary Care Network (need Dr. referral) 780-714-2193

Wellness Solutions Inc.

Janene Hickman BSW, RSW

C: 780-972-1650 E: wellness.solutions@outlook.com

Children: Ages 0 - 3: Orange
Youth/Teen: Ages 5 - 17: Blue
Adult & Seniors: Purple
Family Programs: Green
Community User Groups : Brown
Events: Pink



April 2025

S	M	T	W	TH	F	S
		1 Community Engagement 6:00pm - 8:00pm	2 Community Engagement 6:00pm - 8:00pm	3 The Hub 12:00pm - 2:00pm Location: Concourse	4 Floor Hockey 10:00am - 3:00pm Location: Arena	5
6	7 World Health Day Adult Volleyball 6:30pm - 8:30pm Location: Field House Floor Hockey 10:00am - 3:00pm Location: Arena	8 Tot Floor Play 11:00am - 1:00pm Location: Indoor playground Badminton 3:00pm - 4:00pm Location: Gymnasium	9 Floor Hockey 10:00am - 3:00pm Location: Arena	10 The Hub 12:00pm - 2:00pm Location: Concourse	11 Floor Hockey 10:00am - 3:00pm Location: Arena	12 Family Craft Day 1:00pm - 3:00pm Location: Youth room
13	14 Adult Volleyball 6:30pm - 8:30pm Location: Field House Floor Hockey 10:00am - 3:00pm Location: Arena	15 World Art Day Colouring Contest Tot Floor Play 11:00am - 1:00pm Location: Indoor playground Badminton 3:00pm - 4:00pm Location: Gymnasium	16 Dr. Seuss Birthday 10:00am - 12:00pm Community Engagement 5:00pm - 7:00pm Floor Hockey 10:00am - 3:00pm Location: Arena	17 The Hub 12:00pm - 2:00pm Location: Concourse	18 Good Friday Floor Hockey 10:00am - 3:00pm Location: Arena	19 C.C.A Easter Extravaganza 1:00pm - 4:00pm
20 Easter Conklin Metis Local Community Bingo 5:30pm - 8:30pm	21 Easter Monday	22 Tot Floor Play 11:00am - 1:00pm Location: Indoor playground Badminton 3:00pm - 4:00pm Location: Gymnasium	23 Floor Hockey 10:00am - 5:00pm Location: Arena	24 The Hub 12:00pm - 2:00pm Location: Concourse	25 Floor Hockey 10:00am - 3:00pm Location: Arena Teen Social 6:00pm - 8:00pm Location: Youth Room	26 Youth Spa Day 1:00pm - 3:00pm Location: Youth Room
27	28 Adult Volleyball 6:30pm - 8:30pm Location: Field House Floor Hockey 10:00am - 3:00pm Location: Arena	29 Tot Floor Play 11:00am - 1:00pm Location: Indoor playground Badminton 3:00pm - 4:00pm Location: Gymnasium	30 Floor Hockey 10:00am - 5:00pm Location: Arena			

Call for more information at
(780) 793-6970
Website coming soon!



walk with me,
talk with me,
learn with me

Indigenous Support Line
1-844-944-4744 or 811



Are you an Indigenous person that has questions about navigating Alberta Health Services, has a concern, or needs help?

- ◆ Patient Concerns
- ◆ Referrals
- ◆ Cultural Support
- ◆ Primary Care Support
- ◆ Addiction Mental Health Support
- ◆ General Support

ahs.ca/isl

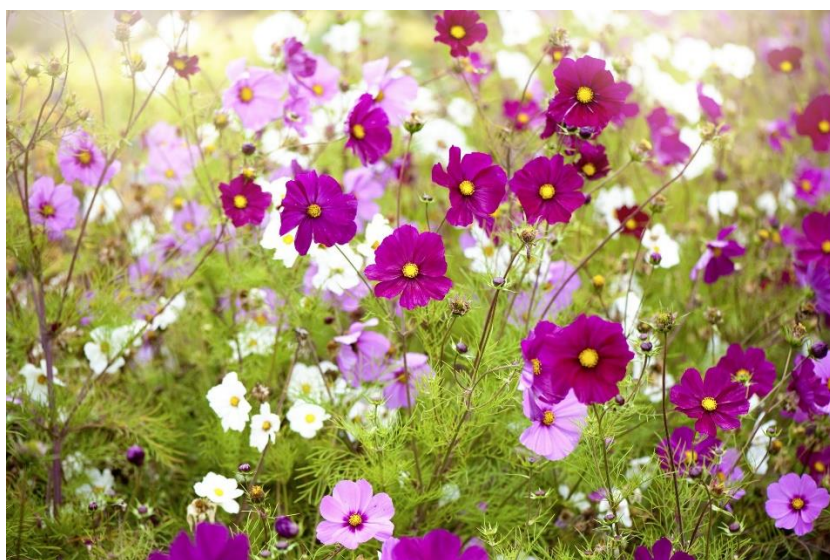


Happy Birthday!

April 2 Dorothy Quintal
April 7 Stacy Atkinson
Lena McCallum
April 12 Lynn Richards
April 13 Angela Quintal
April 17 Shashawna Tremblay
April 22 Ethan Adby
April 23 Gary Moller
April 28 Anita Quintal
Yvonne McCallum
April 30 David Quintal



If you wish to have your birthday and anniversary published in the Newsletter, please contact Wendy at the Municipal Office (780) 559-2235





CONKLIN MUNICIPAL OFFICE




244 Northland Drive Conklin, AB T0P 1H1
780-559-2235 (fax: 780-559-2277)

Office hours are:

Monday to Friday: 8:30 a.m. - 12:00 p.m. & 1:00 p.m. - 4:30 p.m.

Wendy.Desjarlais@RMWB.CA

IMPORTANT CONTACT INFORMATION

PULSE (MUNICIPAL SWITCH BOARD)	1-800-973-9663 780-743-7000	PULSE@RMWB.CA	RMWB.CA/PULSE
COMMUNITY CONTACTS:		SOCIAL MEDIA:	
CONKLIN SCHOOL	780-559-2228	 @WOODBUFFALORURALCOMMUNITYCONNECTION  @RMWOODBUFFALO  @RMWOODBUFFALO	
CONKLIN MULTI-PLEX	780-793-6970		
CRDAC	780-559-9107		
CCA OFFICE	780-559-9134		
HEALTH NURSE	780-559-2011 OR 780-791-6247	MUNICIPAL OFFICE SERVICES <ul style="list-style-type: none"> • UTILITY BILL PAYMENTS • WATER AND SEWER HOOK UPS • ANIMAL LICENSES ETC... • DEBIT/CREDIT MACHINE AVAILABLE FOR PAYMENT 	
RCMP	780-613-0658		
ALL EMERGENCIES	911		

Deadline for May newsletter Submissions is **April 25, 2025**

e-mail: info.rr@rmwb.ca OR wendy.desjarlais@rmwb.ca

Conklin Community Programs & Events

SUN	MON	TUES	WED	THURS	FRI	SAT
		1 RMWB Community Engagement 6 – 8pm	2 	3 Addictions & Mental Health 12 – 4pm HUB-on-Wheels visit 12 – 2pm RMWB Coffee Connect 11-2pm RMWB Youth Activity 3:30 – 5:30pm	4	5
6	7 Waypoints Visit 10 – 3pm Victim Services visit	8 Health Nurse visit 11 – 2pm	9 	10 Addictions & Mental Health 12 – 4pm HUB-on-Wheels visit 12 – 2pm RMWB Seniors Day 12 – 3pm RMWB Coffee Connect 11-2pm	11	12
13	14	15 Food Bank Delivery 12 – 2pm	16 	17 Addictions & Mental Health 12 – 4pm HUB-on-Wheels visit 12 – 2pm RMWB Senior's Day 12 – 3pm RMWB Youth Activity 3:30 – 5:30pm NEAFAN Visit	18 Good Friday Municipal Office closed	19
20 	21 Easter Monday Municipal office closed.	22 Victim Services visit Health Nurse visit 11 – 2pm	23 	24 Addictions & Mental Health 12 – 4pm HUB-on-Wheels visit 12 – 2pm RMWB Coffee Connect 11-2pm Food Bank Delivery 12 – 2pm	25 NEWSLETTER DEADLINE	26
27 Metis Local #193 Family merchandise BINGO: Doors open at 5:30pm	28	29 RMWB Senior's Social in Janvier 12 – 3pm	30 			