CONKLIN NAKEWIN NEWS





June 2025



Candidate nominations open for 2025 municipal election

Learn more at rmwb.ca/boards



New rules in place for campaigning, find more information at rmwb.ca/elections

Candidate nominations are now open to all eligible residents interested in running for the position of RMWB mayor, councillor or school board trustee.

New rules are in place for 2025 municipal election

Changes to the <u>Local Authorities Elections Act</u> require candidates to submit a notice of intent to appear on the official register of candidates before accepting campaign donations and incurring expenses. In addition, all candidates must complete the nomination process to appear on the ballot.

Call for candidate nominations

Nominations are now being accepted from candidates for the upcoming 2025 municipal election. Prospective candidates must file their notice of intent and complete the nomination process by **noon on Monday, Sept. 22, 2025**.

Find the notice of intent form, nomination forms, required documentation and additional information for interested candidates at rmwb.ca/elections.

Potential candidates with questions or in need of assistance, can contact the Elections Office through Pulse at 780-743-7000 or email elections@rmwb.ca and a Legislative Services staff member will assist.

The general election for the RMWB and all municipalities in Alberta will be held on Oct. 20, 2025.



Census 2025

Get counted!



The Regional Municipality of Wood Buffalo is conducting its municipal census between April 1 and June 30, 2025. Census information is essential for delivering core services in our region. This includes:









Roads

Parks

Emergency Management

Facilities

COMPLETE YOUR CENSUS:

ONLINE

- Scan the QR code on your PIN letter or visit rmwb.ca/census to visit the Census 2025 portal.
- Enter your PIN in the space provided and complete the questionnaire for your household. The Census should take approximately five minutes to complete.

BY PHONE

- Call 780-743-7000 or 1-800-973-9663 (toll free) to be connected to the PULSE line.
- PULSE operators can also assist residents in PIN retrieval

Fill out your Census online and you could win!

Visit rmwb.ca/census for prizing details.





Refresh your community and pick up the trash from winter

Get involved with the Adopt-A-Trail program or host a Community Cleanup event!

How can I register?

- Online at rmwb.ca/cleanup.
- By calling Pulse
- At your local municipal rural office.

Registration for both programs will close Sept.15, and all cleanup supplies must be returned by Sept. 30.

Learn more at rmwb.ca/cleanup.





Grow a Row, Share a Row - and win a planter!

Share your homegrown produce with neighbours, family or local support organizations and make a difference in your community!

Each donated bag of lettuce = 1 ballot entry for a chance to win a planter box prize package.

Learn how to participate at rmwb.ca/CIB.

rmwb.ca/CIB





Showcase your community spirit on Canada Day



Connect with the people that call Fort McMurray Wood Buffalo home with a float or walking group in the Canada Day Parade on July 1 at 10:30 a.m. Register by 4 p.m. on June 16 at rmwb.ca/CanadaDay.

Fundraise for your organization or group

Contribute to Canada Day's success and raise funds for your organization at the same time! There are eight fundraising opportunities available for local non-profit community organizations and groups. Positions include barricade monitors, safety walkers and members of the Swag Squad.

Apply for an opportunity by June 16 at rmwb.ca/CanadaDay.

Get ready to line the sidewalks with red, white and orange - safely

Family, friends, and neighbours, get ready to line the sidewalks of Franklin Avenue with red, white and orange to enjoy the Canada Day Parade on July 1 at 10:30 a.m.

The parade will travel down Franklin Ave., beginning on Main St. and ending on Riedel St. For community members seeking a quieter parade experience, find a spot along Main St. between Clearwater Dr. and Franklin Ave. for a sensory-friendly experience from 10:15 to 10:30 a.m.

There will be more free family events and activities happening too: keep an eye out for updates from MacDonald Island Park and other community organizations.

Reflect on Canada's shared history

Let's celebrate Canada Day in a way that unites us as a community.

Acknowledge with gratitude that the land on which we live, work and play is Treaty 8 territory, the traditional and ancestral land of the Cree, Dene and the unceded territory of the Métis. Learn more about moving reconciliation forward in the region at **rmwb.ca/TRC**.



Be a voice for youth issues in the region

Students entering grades 9 to 12 in the next school year are encouraged to apply for the **Mayor's Advisory Council on Youth (MACOY)** this summer!





Made up of 26 students from across the region, MACOY members get to:

- Work closely with community leaders.
- Advocate for the youth of Wood Buffalo.
- Beauticipate in meaningful volunteer work.
- Support community events.
- And more!



How can rural students participate? MACOY meetings are flexible and will be adjusted to ensure **all** members can participate seamlessly.

Apply online

If you're ready to give a voice to youth in the region, meet new people and build valuable skills for your resume, apply online by Aug. 18 at **rmwb.ca/MACOY**.



Bring your creative vision to life in the region







The **Arts, Culture and Heritage Grant** provides **up to \$5,000** for projects that create, inspire and preserve within the cultural landscape of the region.

Apply early!

Individuals and groups may apply for a maximum of \$5,000. The deadline for grant applications is Dec. 31, 2025 at 4:30 p.m. MST or until the total \$50,000 funding is exhausted, whichever comes first. Apply early through the Community Investment Program (CIP) Grant Portal as funding is awarded in order of completed applications received.

What projects are eligible?

Projects must align with one or more <u>Wood Buffalo Culture Plan</u> priorities. The eligibility list varies and ranges from performing arts to heritage restoration to landscape design. Projects that have received grant support in previous years include:

- Palette Town, a video showcasing the potential for art in Wood Buffalo.
- Rock the Rails, an annual skateboard and BMX competition that also features local musical acts.
- Lavender Skies: Exploring Queer Creativity in Wood Buffalo, a local art show at the Kirschner Family Community Art Gallery at MacDonald Island Park.

Get started today by visiting rmwb.ca/CIP.



Step up in an emergency

Be the Helping Hand When It Matters Most -

Volunteer with the Emergency Social Services team

Join a team that helps residents during an emergency or disaster.

- Build your knowledge, confidence, and experience.
- No experience required. Training will be provided.



RMWB.ca/ESSVolunteer

For more information call:

- 780-743-7000
- Toll Free 1-800-973-9663



What we do:

Emergency Social Services helps people during large emergencies or incidents in the Municipality.

Who we are:

Volunteers, community partners, and municipal employees who work together under the Emergency Management Branch of Regional Emergency Services.







Emergencies happen. If you are a vulnerable person living in the region, you may be at greater risk.

Apply to be added to the Vulnerable Persons Registry (VPR) - a free, voluntary and confidential service for residents living at home who would be at greater risk during emergencies.



To sign up or learn more visit - rmwb.ca/vpr



Join the Volunteer Fire Department We need paid on-call members!



What we do:

 We respond to fire emergencies, helping people and protecting property.

Who you are:

 Reliable and dedicated - with time for weekly training and the ability to respond

Learn more:

Call 780-743-7000 (toll free 1-800-973-9663) and someone from the fire department will contact you.





Now Available in Fort Chipewyan, Janvier and Conklin

Get a free fire safety check of your home by firefighters

Free smoke and carbon monoxide (CO) alarms will be provided to replace expired, missing or non-working alarms in your home

Check your alarms today!





Book your appointment:

Regional Emergency Services: 780-792-5519

OI

Call the Municipal Pulse line toll-free:1-800-973-9663



Aging in Place

What's on your wish list for the aging-in-place project?



Chat with us in person and submit your survey!

Fort McMurray

June 3 - Tailgate Tuesday (St Aiden's Society) 11:30 a.m. - 2 p.m. Syncrude Athletic Park Register: 780-743-4370 ext. 4

June 6 - Council's Luncheon for Seniors and Elders

11 a.m.

MacDonald Island Park (CNOOC Fieldhouse) Register: rmwb.ca/luncheon or contact Pulse 780-743-7000

June 13 - Friday Coffee at the Golden Years Society 10:30 a.m. - 12:30 p.m.

Rural

June 17 - Janvier Senior's Luncheon 12 - 2 p.m.

June 19 - Conklin Senior's Luncheon and Bingo 12 - 2 p.m.

More information including printed surveys can be found at rural municipal offices.

Take the survey that fits you best at rmwb.ca/AgingInPlace









Regional Municipality of Wood Buffalo









5, 12, 19, 26

The RMWB Rural Relations staff will be at the <u>Conklin Multiplex</u> from

11:30 am until 2:00 pm to assist with paperwork, address community needs, and fill service gaps.

Residents are encouraged to stop by for support, questions, or a friendly chat.

Stop by for a fresh cup of coffee and a friendly chat!









Conklin Seniors Luncheon

Thursday, June 26, 2025 12 - 3pm in the Senior's room.



Senior Luncheon

Thursday, June 26, 2025 3:30 - 5:30pm Youth activity





Community Policing - presentations available

The Wood Buffalo Community Policing Unit has a great list of presentations they can bring to communities when requested.

Available presentations

- A Career in the RCMP Gr 7-Adult
- ATV Safety Gr 10-Adult
- Being a Good Citizen ECDP-Gr 6
- Being a Mountie ECDP-Gr 6
- Bicycle Safety ECDP-Gr 6
- Bullying (includes Cyberbullying) ECDP-Gr 9
- Consent Gr 7-Adult
- Crime Scene Investigations ECDP-Adult
- Drug Awareness
 - For Teens (cannabis, alcohol, vaping and opioid awareness) Gr 7-12
 - For Adults (includes clandestine drug labs, methamphetamines, opioids)
- Fraud & Identity Theft Adult
- Halloween Safety ECDP-Gr 6
- History of the Force Gr 4-Adult
- Online Safety (includes Cyberbullying) ECDP-Gr 6
- Online Safety (include Cyberbullying, Social Media & the Law) Gr 7-Adult
- Personal Safety ECDP-Adult
- Police & Canadian Law (for New Canadians) Gr 10-Adult
- Property Crime Prevention Adult
- Restorative Justice Gr 9-Adult
- Senior Safety Adult
- Sexting Gr 7-Adult
- Traffic
 - Impaired Driving (Alcohol & Drugs) Gr 9-Adult
 - Distracted Driving Gr 9-Adult
 - Winter Driving Gr 9-Adult
- Unhealthy Relationships/Dating Violence Gr 7-Adult
- Youth Criminal Justice Act Gr 7-Adult

Want a presentation?

Contact us if you'd like a presentation for your group, class or community at communitypolicing@rmwb.ca or call 780-788-4040 and ask for the Community Policing Coordinator.







What is it?

- A voluntary program that offers a safe, respectful way to promote healing after harm has occurred.
- Allows offenders to take responsibility for their actions and allows the community to see its role in contributing to reconciliation.
- Provides an opportunity for everyone involved to have a voice and determine actions and outcomes to ensure accountability.
 - Fort Chipewyan June 5 (VSU & RJ)
 - Fort McKay June 5 & 19 (VSU)
 - Conklin June 9 & 23 (VSU & RJ)
 - Janvier June 11 & 25 (VSU)
 - Anzac/468 June 12 & 26 (VSU)

Restorative Justice Contact Information:

• Phone: 780-788-4253

Toll Free: 1-888-788-4250

• Email: <u>restorative.justice@rmwb.ca</u>

Get involved.

We need committed volunteers to help! Please contact us.

For any questions, please contact Pulse!



Residents in rural communities can contact the Regional Municipality of Wood Buffalo 24/7 by contacting Pulse via the following:

- 780-743-7000
- 1-800-973-9663 (toll-free)

www.rmwb.ca/pulse





Wood Buffalo Victim Services provides victims of crime and trauma with support, information and referrals based on their needs. The intent is to ease the crisis and help them return to stability.

Why should victims of crime and trauma contact us?

Our support workers are empathetic listeners. They will give you information to help you make decisions that are best for you and your circumstances. Part of our role is to make sure you are treated fairly. You have rights under the *Alberta Victims of Crime Act*. Please call or email to speak to a support worker. We can arrange to meet in your community.

Community visit dates for June

- Fort Chipewyan June 5 (Victim Services and Restorative Justice)
- Fort McKay June 5 and 19 (Victim Services)
- **Conklin** June 9 and June 23 (Victim Services and Restorative Justice)
- Janvier June 11 and June 25 (Victim Services)
- Anzac/FMFN 468 June 12 and June 26 (Victim Services)

Wood Buffalo Victim Services Phone: 780-788-4250 Toll Free: 1-888-788-4250

Email: victim.services@rmwb.ca





Anzac, Conklin, Gregoire Lake Estates Schedule: Wednesday and Friday - Trip #1

Time	Pick Up/Drop Off	Location
9:00 a.m.	Pick up	Conklin RMWB Office
9:10 a.m.	Pick up	Conklin Corner Store
10:20 a.m.	Pick Up	Anzac Recreation Centre
10:35 a.m.	Pick up	Gregoire Lake Estates (mailboxes)
12:05 p.m.	Drop off	Hardin Street & MacDonald Avenue (Across from Provincial building)
12:10 p.m.	Drop off	Manning Avenue (AMA Parking Lot)

Anzac, Conklin, Gregoire Lake Estates Schedule: Wednesday and Friday - Trip #2

Time	Pick Up/Drop Off	Location
17:00 p.m.	Pick up	Manning Avenue (AMA Parking Lot)
17:05 p.m.	Pick up	Hardin St & MacDonald Ave (Across from Provincial Building)
17:35 p.m.	Drop off	Gregoire Lake Estates (mailboxes)
17:55 p.m.	Drop off	Anzac Recreation Centre
19:25 p.m.	Drop off	Conklin Corner Store
19:30 p.m.	Drop off	Conklin RMWB Office



Conklin Garbage and Recycling Drop-off





Do you know that you can drop off residential garbage and recycling, including household hazardous waste, for free at the Conklin Waste Transfer Station? All community members are encouraged to use the facility located on the Conklin West Road (Range Rd 82A).

Help protect the environment and keep Conklin clean by disposing of items properly. All items are brought to the Municipal landfill for proper disposal or recycling.

Seasonal Hours of Operation (April 1 – Oct 31, 2025):

Monday: 9:00 a.m. – 5:00 p.m.

Tuesday: 9:00a.m. – 5:00 p.m.

Friday: 9:00 a.m. – 5:00 p.m.

Sunday: 9:00 a.m. - 5:00 p.m.

The following items are not allowed to be dropped off at the Conklin Waster Transfer Station:

Commercial waste Ammunition **Explosives** Radioactive waste Biological, biomedical or pathological waste Animal carcasses or deceased pets Asbestos

Oil Field Waste

Waste containing free liquids Vehicles and vehicle parts

Learn more about garbage and recycling services at rmw.ca/garbage. If you have any questions, connect with Pulse at 780-743-7000, toll-free at 1-800-973-9663 or online at rmwb.ca/pulse.



Community Programs, Activities & Events



Join us for Senior Bingo Luncheon Fun!

Come enjoy a lively afternoon of **bingo games** and delightful food with friends!

Prizes will be awarded to everyone!

12pm-3pm / June 5th 2025 (Seniors Room)

@Conklin.activities@gmail.com 780-740-4628







AFTERNOON OF CRAFTING AND CONNECTION. WE'LL BE MAKING DIAMOND DOT WINDCHIMES IN A WELCOMING SPACE.

COME SHARE STORIES, LAUGHS, AND A LITTLE CREATIVITY!

VENUE: CONKLIN MULTIPLEX (SENIORS ROOM)

NO REGISTRATION REQUIRED - OPEN FOR DROP INS.

ALL MATERIALS, INSTRUCTION AND A DELICIOUS LUNCHEON WILL BE PROVIDED.





Sponsored by the Regional Municipality of Wood Buffalo.





June 14 & 15, 2025 @ MacDonald Island Park



SPORT SUMMIT

TO REGISTER VIA PHONE CALL **BREANNA 587-941-1819**

empowering girls through sport!

6 SPORT SESSIONS POWERFUL WORKSHOPS FOOD, SWAG, & MORE

Girls ages 8-14 register today for only \$25















National Indigenous Peoples Day June 21st, 2025

National Indigenous People's Day

Learn about traditional Indigenous crafts from an Indigenous artists, and get a chance to try your hand at them.

Medicine Wheel Pin Making - @2pm -5pm 13+ (Seniors Room)

Kids Crafts (Youth Room)
@3pm

Drum Making Workshop (gymnasium) - @2pm-5pm

15 spots available for Drum Making / Please Txt or Email to sign up.

Dinner - @6pm



Conklin Multiplex
780-740-4628

Conklin.activities@gmail.com









SEEKING MORE LEARNING FLEXIBILITY?

Have a desire to continue learning at home?

JOIN THE NORTHLAND ONLINE SCHOOL COMMUNITY FOR THE 2025-2026 SCHOOL YEAR!

- Kindergarten to Grade 12 school!
- First Nations, Métis language, culture and landbased learning are woven throughout the curriculum.
- High school students can:
 - Join daily live online classes
 - Work at their own pace
 - Learn from their local school with online support
- Courses available through partnerships across Northland School Division.
- Learn Math with Minecraft. Explore Science through coding and robotics!
- Each student receives a Chromebook and learning tools

To learn more visit www.northlandonlineschool.ca





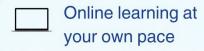
SUMMER SCHOOL 2025



Offered by Northland Online School









Classes Offered:

English, Social Studies,
Math, Science, Career and
Life Management, Physical
Education, Forensics, Food
Safety, Job Preparation,
Work Experience, and the
Registered Apprenticeship
Program

Scan the QR code to register!







A provincial non-profit organization

dedicate to building strong, vibrant

communities to enable youth on their path to rewarding careers.

Employers Looking for Summer Staff



Are you looking to hire a summer student this year? CAREERS is working with local high school students to find summer internships in a variety of fields. We can also provide financial support for hiring. The Youth Internship Incentive Program is designed to increase the number of employers supporting work-integrated learning internships in trades, technologies, and in-demand occupations. This financial incentive supports new employers to offer CAREERS internships, and existing employers to expand their ability to provide more internships, and employers to support more internships.

Welcome to the Team!

Please help us in welcoming two of our newest team members. Sabrina Watson is a Program

Coordinator and Brianna House is our Indigenous Youth Career Coach. We are excited to have you both join CAREERS! Watch for them in your community over the summer.

Skilled Trades Interview Success

In April & May, over 200 local youth were interviewed in our region for RAP & Co-Op apprenticeship positions. Interviewers were impressed by their enthusiasm and passion for the trades, and are excited to see such promising individuals develop into the next generation of skilled tradespeople.



Check out our website: www.careersnextgen.ca

If you are interested in learning more about any of these programs, please contact Ali Grinham, who will be happy to meet with you in person, virtually, or by phone to provide the details on how to apply.

P: 587-442-7628 | E: agrinham@nextgen.org





Free Library Cards & Delivery

Check out the latest books, movies, video games, and more with your free library card! Place hold requests online and we'll deliver your items weekly to your community. Free library cards also give you access to fantastic resources for language learning, studying, digital materials, and so much more! Visit **wbrl.ca** for more information.

WBRL in Conklin – June 12

We're visiting the Conklin Multiplex with a fun craft for adults! We're creating beautiful alcohol ink marker flowers on tiles between 1-3pm, all supplies provided.

All WBRL programs in Conklin are drop-in and sponsored by Suncor, in partnership with the Conklin Multiplex.









Did a family member recently call you because they were arrested?

Does someone you've met online need money for an overseas emergency? Are you expecting money or a package, but now there's a problem?

Did the person on the phone mention something about:

- □ A family member being arrested?
- Needing money for a lawyer or bail?
- Needing money for a medical emergency?
- Needing money for unexpected taxes or fees?
- □ A courier coming to collect cash?
- A gag order? (Not to talk to trusted people about the call/event/requested items)

FRAUDSTERS ARE INVENTING THESE STRESSFUL SITUATIONS TO CONVINCE YOU TO GIVE THEM MONEY.





They may <u>claim to be police</u>, or <u>tell you not to call police</u>.

Your RCMP detachment can help you to check if someone is trying to defraud you. We're just a phone call away and you can remain anonymous.

If you suspect you have been targeted contact the Canadian Anti-Fraud Centre at

1-888-495-8501 or antifraudcentre.ca

Royal Canadian Gendarmerie royale du Canada

Contact your local police rcmp.gc.ca

Put your detachment contact info here!!









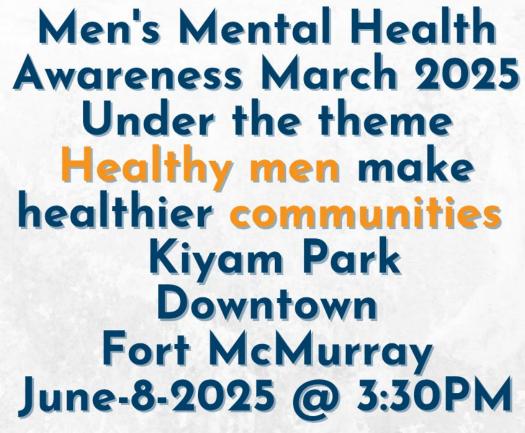








Our fifth annual





hyman@xyspark.org tips4therapy@gmail.com Phone: (780) 695-1758







Wood Buffalo Addiction and Mental Health Services: Travel Team

Mental Health Therapist
Addiction Counsellor
Registered Nurse
Indigenous Cultural Liaison

Not sure what would help? Our team can support you to determine what would help.

Services we provide:

Mental Health Support: Individual counseling; crisis intervention; stress management; coping strategies for anxiety, depression, and trauma; assistance in accessing other mental health and addiction services.

Addiction Counseling: Support for substance use concerns, relapse prevention, personalized recovery plans.

Nursing Services: Mental health assessments, medication administration, health monitoring, education on medication management, support for physical and mental wellness; information on mental health, wellness, addiction prevention; provision of harm reduction supplies.

Indigenous Cultural Support: Facilitate connections between Indigenous clients, community members and service providers to enhance access to mental health services through a culturally appropriate and holistic approach.

Walk in Services are available:

■ Thursday — Conklin

[ൄ] 12:00 p.m. — 4:00 p.m.

▼ The Multiplex [RMWB]







The Northeast Alberta FASD Network enhances regional capacity to prevent FASD and support those impacted by it through coordinated planning, collaboration, education, and service delivery.

- **Assessment and diagnosis:** Diagnosis is the first step to getting the help that individuals with FASD need.
- **Rural outreach**: Our Outreach program is designed to assist and support individuals affected by FASD as well as their Families/caregivers. Through a strength-based approach clients are prepared to achieve greater success.

NEAFAN team is available in:

Janvier Multiplex Building – June 4th, 11th, 18th, 25th

#468: Wellness Centre - June 3rd, 10th, 17th, 24th

Fort McKay: Family Support Building – June 2nd, 9th, 16th, 23rd, 30th

Anzac: Recreation Centre – June 5th

Fort Chipewyan: Nunee Health Centre – June 26th

Conklin: Multiplex Building – June 19th

*Please refer to the community Events and programs Calendar for date and time for information or to schedule an intake appointment, please contact:

FASD Rural Outreach Worker: Kenisha

Boothe

9916 Manning Avenue Fort McMurray AB

Phone: 780-799-1748

Email: Kenisha.boothe@mcman.ca

FASD Rural Outreach Worker: Alyssa

Nicolle

9916 Manning Avenue Fort McMurray AB

Phone: 587-919-5237

Email: Alyssa.nicolle@mcman.ca



WAYPOINTS OUTREACH TEAM

WE WILL BE IN:

- Conklin June 2nd & 23rd at the Multiplex from 1pm-6pm
- Janvier June 4th & 18th for Wellness Wednesdays at the Multiplex from 11am-4:30pm
- Anzac June 12th & 26th at the Recreation Centre from 1pm-6pm
- FMFN 468 June 16th & 30th at the Health Centre from 10am-5pm
- Fort McKay June 24th at the Family Resource Centre from 11am-4pm

HAVE YOU BEEN IMPACTED BY FAMILY AND/OR SEXUAL
VIOLENCE? ARE YOU LOOKING FOR SUPPORT AND WAYS TO COPE
IN A SAFE ENVIRONMENT?

To book an appointment please call/text our systems navigator at 780-713-6682 or email at

system.navigator@waypointswb.ca

WE OFFER FREE COUNSELLING AND SUPPORT SERVICES



www.waypointswb.ca



100-130 Prospect Drive Fort McMurray, AB, T9K 2Z5





Conklin Public Health Services

Public Health Nurse visits occur every two weeks at this location throughout the year, see schedule below.

Public Health Nurses provide:

- Well Child Clinic
- Support for families with infants
- Infant and child growth monitoring
- Breastfeeding support
- Child & adult immunizations
- Health teaching and advice
- Disease control & follow-up
- School immunizations
- Take home Naloxone kits
- Seasonal influenza immunization



The Public Health Nurse will be available between

11:00 a.m. – 2:00 p.m. Spring – Summer '25, as follows:

June 3rd & 17th, July 15th & 29th,

Aug. 12th & 26th, Sept 9th & 23rd

Please call or text 780-215-8125 for more information or to book an appointment with the Public Health Nurse. Walk-ins are also welcome.

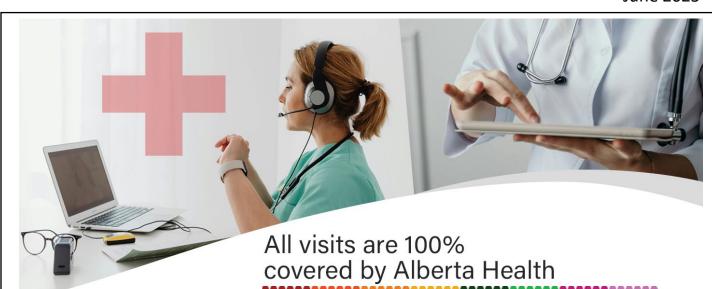
*Influenza Vaccination: Available on walk-in basis during influenza season

www.albertahealthservices.ca









1.888.342.4822 AIVCC.ca

3 EASY STEPS



Alberta Indigenous Virtual Care Clinic (AIVCC)

HOW OUR VIRTUAL CLINIC WORKS

"

Call 1-888-342-4822 and a Medical Office Assistant will register you and book your appointment. 2



Speak to a Doctor by telephone or video using your preferred device. 3



Our office will fax prescriptions, requisitions and more where you would like them to go.



MONDAY, WEDNESDAY OPEN LATE
TUESDAY, THURSDAY, FRIDAY
SATURDAY, SUNDAY AND SOME HOLIDAYS

8:30AM - 8:30PM 8:30AM - 4:30PM

12:30PM - 4:30PM

Peer Coaching for Healthy Living

Reach your best health with the help of a coach



People need support when taking care of long-term health concerns. There are trained peer coaches who will talk with you over the phone about ways to take care of your own health conditions.

What Will a Peer Coach Do?

- •Talk about how to solve problems, set action plans, and achieve goals
- •Help you stay on track and check in with you on your goals, and help make decisions towards healthy habits
- ·Help find services and programs in your community
- Provide social and emotional support
- •Talk with you for 30 minutes every week for 3 months
- •Connect with adults in the Edmonton and Northern Alberta areas who cannot use online options

To register:

North Zone: 1-877-349-5711

Edmonton Zone: 825-404-7460 (press 3)





Who are the Peer Coaches?

They are trained AHS volunteers who may be living with similar health issues.

They are not health professionals and cannot provide medical advice.

How Do I Get a Peer Coach?

It is FREE to be paired with a coach, and each person is matched to the coach who will offer the best support. Scan the QR code or call the number listed.





Resource List (National/RMWB)

Emergency Support Contacts

Suicide & Crisis Lifeline: Call/Text 988

Hope for Wellness (24 Hour Crisis Intervention and Counselling):

1-855-242-3310

Crisis Service Canada: 1-833-456-4566 or text 45645 (4pm-12am)

Wellness Together Canada: 1-866-585-0445 or text 'wellness' to 741741

Alberta Rural Distress line: 1-800-232-7288

Waypoints Crisis Line (Sexual and Family Violence): 780-743-1190

Alberta Mental Health Help Line: 1-877-303-2642

Healthlink: 811

Information and Referral: 211

RMWB Mental Wellness Education and Support

Canadian Mental Health Association: 780-743-1053

Some Other Solutions: 780-743-8605

St. Aidan's Society (Senior): 780-743-4370 ext.2

Stepping Stones (Youth): 780-750-2252

Unity House Emergency Shelter: 780-743-1190

Sexual Assault Healing Centre: 780-791-6708

RMWB Addiction and Recovery Support

Wood Buffalo Wellness (Mark Amy Treatment): 780-334-2398

Pastew Place Detox: 780-791-2525

Northreach Society: 780-876-2974

RWMB Free/Low-cost Counselling Support

AHS Walk-in Clinic: 780-793-8360

Waypoints Counselling and Support: 780-750-8650

Some Other Solutions Counselling: 780-743-8605

Legacy Counselling Centre: 587-536-6619

Wood Buffalo Primary Care Network (need Dr. referral) 780-714-2193

Wellness Solutions Inc.

Janene Hickman BSW, RSW C: 780-972-1650 E: wellness.solutions@outlook.com



Youth: Blue Family Programs: Green Community User Groups : Brown Events: Pink

June 2025 CONKLIN MULTIPLEX

S	M	Т	W	ТН	F	S
1	2 Adult Volleyball 6:30pm -8:30pm Ball Hockey 10:00am - 5:00pm	3 Badminton 3:00pm - 4:00pm C.C.A Seniors Craft 1:00pm - 3:00pm Location: Elders Room	4 Ball Hockey 10:00am - 5:00pm Drum Lessons with Nick Giant 6:00pm - 8:00pm Location: Stage Room	The Hub 1:00pm -3:00pm Location: Concourse AHS: Location main offices C.C.A Seniors Bingo 12:00pm -3:00pm Location: Elders Room Bubble Balls After School Program 3:30pm-5:00pm	6 Ball Hockey 10:00am - 5:00pm Adult Ball Hockey 6:00pm - 8:00pm	7
8	9 Adult Volleyball 6:30pm -8:30pm Ball Hockey 10:00am - 5:00pm	Badminton 3:00pm - 4:00pm	11 Ball Hockey 10:00am - 5:00pm Drum Lessons with Nick Giant 6:00pm - 8:00pm Location: Stage Room	The Hub 1:00pm - 3:00pm Location: Concourse AHS: Location main offices Chalk The Arena Pad 3:00pm - 5:00pm	Ball Hockey 10:00am - 5:00pm Adult Ball Hockey 6:00pm - 8:00pm	Family Craft Making 1:00pm - 3:00pm Location: Youth Room
Father's Day RMWB Community Clean Up & BBQ	16 Adult Volleyball 6:30pm -8:30pm Ball Hockey 10:00am - 5:00pm RMWB Community Clean Up & BBQ	Badminton 3:00pm - 4:00pm	18 Ball Hockey 10:00am - 5:00pm RMWB Community Engagement 5:00pm - 7:00pm Location: Gymnasium Drum Lessons with Nick Giant 6:00pm - 8:00pm Location: Stage Room	The Hub 1:00pm-3:00pm Location: Concourse AHS: Location main offices Nerf War After School Program 3:30pm - 5:00pm	Ball Hockey 10:00am - 5:00pm Adult Ball Hockey 6:00pm - 8:00pm	C.C.A Drum Making 3:00pm - 5:00pm Location: Elders Room
22	23 Adult Volleyball 6:30pm -8:30pm Ball Hockey 10:00am - 5:00pm C.C.A Bi - Elections 6:00pm - 8:00pm Location: Stage Room	C.C.A Award Night/Grad 4:00pm - 5:00pm Location: Gymnasium	25 Graduation! Ball Hockey 10:00am - 5:00pm Drum Lessons with Nick Giant 6:00pm - 8:00pm Location: Stage Room	26 The Hub 1:00pm -3:00pm Location: Concourse AHS: Location main offices End of School Year Bash 10:00am - 12:00pm	Ball Hockey 10:00am - 5:00pm Adult Ball Hockey 6:00pm - 8:00pm	28
29	Adult Volleyball 6:30pm -8:30pm Ball Hockey 10:00am - 5:00pm		(7	ore informa 80) 793-69 site coming	970	





Doing this can help prevent problems with other kinds of wildlife, too.

www.bearsmart.alberta.ca

If the presence of a bear is a safety concern, contact the nearest Fish and Wildlife office at 310-0000 or, if after regular business hours call Report a Poacher at 1-800-642-3800.





Happy Birthday!

June 2 Faye Adby

June 7 Erwin Boucher

Ryley Quintal

June 8 Shania Desjarlais

June 13 Shelby Tremblay

June 16 Esther Quintal

June 19 Linda Novak

June 22 Edward Adby the 3rd

June 29 Melissa Adby



If you wish to have your birthday and anniversary published in the Newsletter, please contact Wendy at the Municipal Office (780) 559-2235







CONKLIN MUNICIPAL OFFICE

244 Northland Drive Conklin, AB TOP 1H1 780-559-2235 (fax: 780-559-2277)

Office hours are:

Monday to Friday: 8:30 a.m. - 12:00 p.m. & 1:00

p.m. - 4:30 p.m.

Wendy.Desjarlais@RMWB.CA

IMPORTANT CONTACT INFORMATION

PULSE (MUNICIPAL SWITCH BOARD)	1-800-973-9663 780-743-7000	PULSE@RMWB.CA	RMWB.CA/PULSE	
COMMUNITY CONTACTS:		SOCIAL MEDIA:		
CONKLIN SCHOOL	780-559-2228	C		
CONKLIN MULTI-PLEX	780-793-6970	@WOODBUFFALORURALCOMMUNITYCONNECTION		
CRDAC	780-559-9107	9		
CCA OFFICE		@RMWOODBUFFALO		
HEALTH NURSE	780-559-2011 OR 780-791-6247	@RMWOODBUFFALO MUNICIPAL OFF	ICE SERVICES	
RCMP	780-613-0658	UTILITY BILL P	AYMENTS	
ALL EMERGENCIES	911	 WATER AND SEWER HOOK UPS ANIMIAL LICENSES ETC DEBIT/CREDIT MACHINE 		
		AVAILABLE FC		

Deadline for July newsletter Submissions is June 25, 2025

e-mail: info.rr@rmwb.ca OR wendy.desjarlais@rmwb.ca



Conklin Community Programs & Events

SUN	MON	TUES	WED	THURS	FRI	SAT
1	2	3	4	CCA Senior's Day 12 – 3:00pm Addictions & Mental Health 12 – 4pm HUB-on-Wheels visit 12 – 2pm RMWB Coffee Connect 11-2pm	6	7
8	9	10 Health Nurse visit 11 – 2pm Waypoints Visit 10 – 3pm	11	12 CCA Senior's Lunch & Bingo 12 – 3pm Addictions & Mental Health 12 – 4pm HUB-on-Wheels visit 12 – 2pm RMWB Coffee Connect 11-2pm	13	14
Happy Father's Day!	16	17	Food Bank Delivery 11 – 1:00pm	Addictions & Mental Health 12 – 4pm HUB-on-Wheels visit 12 – 2pm NEAFAN Visit Nistowayou Friendship Center Lunch and Activity 12pm RMWB Coffee Connect 11-2pm	20	21
22	23	Victim Services visit Health Nurse visit 11 – 2pm	25 NEWSLETTER DEADLINE	Addictions & Mental Health 12 – 4pm HUB-on-Wheels visit 12 – 2pm RMWB Senior's Day 12 – 3pm RMWB Youth Activity 3:30 – 5:30pm	27	28
29	30					

