



REGIONAL MUNICIPALITY  
OF WOOD BUFFALO

## Application Summary: 2026 - 3414 - Community Impact Grant - Community Programs and Projects

### **Application ID**

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2026 - 3414 - Community Impact Grant - Community Programs and Projects

### **Applicant Information**

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#### **Organization Information**

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HeartSpark Ltd.  
131 Breukel Cres  
Fort McMurray, AB, T9K 1W9

#### **Primary Contact**

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Holly Hashimi  
131 Breukel Crescent  
Fort McMurray, AB, T9K 1W9

Phone: (780) 531-4858  
Email: heartsparkwithholly@gmail.com



## Application Summary: 2026 - 3414 - Community Impact Grant - Community Programs and Projects

### Is the organization a registered non-profit?

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Applicants must be a registered non-profit organization or a community group in partnership with a registered non-profit organization. If you have any questions regarding grant eligibility, please contact [cip@rmwb.ca](mailto:cip@rmwb.ca) to book a pre-application meeting.

Yes

### Has the organization operated within the Regional Municipality of Wood Buffalo for at least one year?

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Applicants must have resided or operated within the Regional Municipality of Wood Buffalo for at least one year prior to applying. If you have any questions regarding grant eligibility, please contact [cip@rmwb.ca](mailto:cip@rmwb.ca) to book a pre-application meeting.

Yes

### In the last year, have there been any significant changes to your organization or program?

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No

### What is your organization's Mission Statement?

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Our mission is to ignite personal growth, lifelong learning, and compassionate connection among girls and women. By sparking curiosity and confidence, we empower individuals to embrace their strengths, build meaningful relationships, and create positive change within themselves and their communities—illuminating a brighter, more connected future for all.

## Application Summary: 2026 - 3414 - Community Impact Grant - Community Programs and Projects

### **Brief Summary of the Proposed Program(s) and/or Project(s).**

HeartSpark is a free, year-round creative wellness program for those who identify as girls ages 9–13 in Fort McMurray. The program provides a safe, inclusive, and welcoming space where participants can connect with peers, explore creativity, and build the confidence and resilience needed to thrive during a critical stage of development.

Each week, girls take part in facilitated activities designed to strengthen friendships and leadership skills. Sessions include creative projects, team-building games, and open discussions that encourage self-expression while promoting healthy body image and a balanced relationship with food. Anti-bullying is a central theme woven throughout the program. Girls learn how to recognize bullying, build empathy, and develop positive strategies for supporting themselves and others. HeartSpark is intentionally inclusive, ensuring that every participant feels safe, accepted, and valued.

A unique element of HeartSpark is its optional community volunteering component. Participants are invited to join group outings to give back locally, such as helping with seniors' visits or community events. These opportunities allow girls to see themselves as capable leaders while reinforcing empathy, kindness, and community responsibility.

Another key feature is the inclusion of "Mrs. Pudding," a therapy dog provided through a partnership with Pets and Wellness Society Wood Buffalo. The presence of a trained therapy animal helps reduce anxiety, creates comfort, and makes the sessions even more welcoming.

Where funding is available, HeartSpark also offers additional free opportunities such as field trips, group outings, and workshops. These experiences increase bonding among participants and extend learning beyond the weekly sessions.

HeartSpark is the only free, year-round program of its kind in the region. With a consistent schedule, trauma-informed facilitation, a strong anti-bullying focus, and an emphasis on creativity, wellness, and peer connection, the program helps girls develop friendships, self-confidence, and a lasting sense of belonging.

## Application Summary: 2026 - 3414 - Community Impact Grant - Community Programs and Projects

**Please note any restrictions on participating in your organization's programs, projects, services or events.**

HeartSpark (9–13) is open to those identifying as girls ages 9–13 living in Fort McMurray and the Regional Municipality of Wood Buffalo. The program is designed for participants who may benefit from a safe, inclusive environment that fosters creativity, friendship, resilience, and self-confidence.

There are no financial restrictions or program fees. Sessions are provided free of charge to ensure that every family can access programming regardless of income. Space is limited due to group size, and registration may close when maximum capacity is reached. When possible, a waitlist is maintained to ensure fairness and transparency in access.

The program is intentionally inclusive and anti-bullying. Participants from all cultural, religious, and socioeconomic backgrounds are welcomed. HeartSpark is also committed to reducing barriers for equity-seeking groups, including Indigenous participants, newcomers, 2SLGBTQ+ youth, and those experiencing disabilities or financial hardship. Accessibility supports, such as transportation stipends or adapted materials, may be offered as resources allow.

Restrictions apply to program scope. HeartSpark (9–13) does not provide licensed childcare, clinical therapy, or crisis services. Instead, the program is designed as a preventative, wellness-focused initiative that uses creativity and peer support to build confidence and connection. Participants must be able to participate in group settings with basic independence.

Target Audience: Girls ages 9–13 who are interested in creative activities, building friendships, and learning about positive self-image and resilience in a supportive, non-judgmental environment.

**Minimum number of board members according to the organization's bylaws:**

2

**Please list your current Board of Directors in the table:**

### Board of Directors

Name	Board Position	Years on Board
Holly Hashimi	President	1.5
Jocelyn Munro	Vice-President/Treasurer	1.5
Behram Hashimi	Secretary	1.5
Liz Keating	Director	1.5
Cindy Medeiros-Connors	Director	1.2

## Application Summary: 2026 - 3414 - Community Impact Grant - Community Programs and Projects

**Do one or more board representatives or program staff have lived experience or expertise reflective of the demographics your organization serves?**

Yes

**If Yes; please briefly explain the lived experience or expertise.**

HeartSpark's s.20(1) brings both lived and professional experience that deeply reflect the demographics and emotional realities of the girls and women the organization supports. s.20(1)

s.20(1) understands first-hand the loneliness, social pressure and mental health challenges faced by youth today. Those early experiences inspired s.20(1) lifelong commitment to creating spaces where others feel safe, accepted and valued for who they are. s.20(1)

s.20(1) experiences that have deepened s.20(1) compassion and empathy for others facing adversity.

Professionally, s.20(1) has spent more than a decade serving s.20(1) community in roles centred on communication, inclusion and care. s.20(1)

s.20(1)

Through HeartSpark Ltd., s.20(1) translates that lived understanding into action. The free programs s.20(1) facilitates for girls ages 9–13 combine therapeutic arts, friendship building and mental wellness education—helping participants navigate anxiety, build confidence and belonging. s.20(1) is a trained youth mentor and therapeutic art practitioner and has completed extensive mental health and trauma-informed trainings. s.20(1) leadership, empathy and transparency ensure HeartSpark's culture is built on authenticity, compassion and lived understanding—the very qualities its participants need most.



## Application Summary: 2026 - 3414 - Community Impact Grant - Community Programs and Projects

### Program/Projects Details

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**Are you applying for more than one program or project?**

If you are unsure, please contact [CIP@rmwb.ca](mailto:CIP@rmwb.ca) for clarification.

Yes

### Program/Projects

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**Step 1:** Click on the button below to enter the name of your program(s) or project(s).

**Step 2:** Click on the Save Draft button at the bottom of the screen.

**Step 3:** Click on the "Program/Project Details" button below to complete the details of each Program/Project. Please be sure to submit the current program/project information form before moving onto the next project information form.

**Program/Project: HeartSpark (ages 9-13) Status: Completed**

**Program/Project: HeartSpark (ages 14-17) Status: Completed**

## Application Summary: 2026 - 3414 - Community Impact Grant - Community Programs and Projects

### Finances

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#### Organization's most recent Fiscal Year End date

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Please click Save Draft to update the following two questions with this date.

12/31/2025

#### Unrestricted Net Assets

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Unrestricted Net Assets (accumulated net assets/surplus that the organization has not set aside for a particular purpose or earmarked by a donor for a specific program or project) from your Financial Statements ending: 12/31/2025

\$5,648.49

#### Total Operating Expenses

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Total Expenses from your Financial Statements Ending: 12/31/2025

\$4,190.12

#### What efforts have been made in the past fiscal year to increase the financial support for your organization?

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Over the past fiscal year, HeartSpark Ltd. has actively diversified its funding efforts to sustain and expand free mental health and friendship programming for girls in Fort McMurray. We hosted multiple community fundraisers, including our annual Magic in the Meadow, prize raffles and 50/50 draws and volunteered at WinterPlay. HeartSpark also launched branded merchandise and bracelet sales, with 100% of proceeds reinvested into programming. In addition, we pursued grant opportunities through organizations such as the Regional Municipality of Wood Buffalo, Arts Council Wood Buffalo and private donors. These combined efforts demonstrate our commitment to financial sustainability and community-driven support while maintaining accessibility for participants.

**Please complete the following budget table: If there are multiple programs, projects, services or events included in this application, please provide the total budget for all requests in the budget table. Additionally, attach a detailed breakdown of the budget by program, project, service or event on the**

# Application Summary: 2026 - 3414 - Community Impact Grant - Community Programs and Projects

**Attachment tab.**

## Secured Revenue

Revenue Sources	Description	Revenue (Jan-Dec)
Sponsorship	Choosewell Healthy Communities Grant - Snacks (confirmed)	\$900.00
In-Kind Donation	In-Kind administrative planning and preparation time (confirmed)	\$1,300.00
Other	Insurance costs	\$1,866.00
		<b>\$4,066.00</b>

## Revenue in Progress

Revenue Sources	Description	Revenue (Jan-Dec)
Other	Fundraising through merchandise sales, raffles (in progress)	\$1,500.00
In-Kind Donation	Supplies	\$500.00
Other	Private donations	\$2,000.00
Grant	Unknown grants to apply for	\$5,000.00
		<b>\$9,000.00</b>

## Expenses

Type of Expense	Description	Total Expenses	Requested RMWB Grant
Administration Costs 15% Maximum	Insurance for directors and liability	\$1,866.00	\$0.00
Food Costs	Session snacks	\$2,800.00	\$1,800.00
Rent - Venue/Facility/Room/Equipment	Venue rental	\$1,500.00	\$1,500.00
Program Materials & Supplies	Supplies	\$3,000.00	\$2,500.00
Program Staff wages & Benefits	Program preparations, setup/take down	s.20(1)	
Other (Provide Detail)	Facilitator fees	\$7,280.00	\$7,280.00
		<b>s.20(1)</b>	<b>s.20(1)</b>

## Shortfall



## Application Summary: 2026 - 3414 - Community Impact Grant - Community Programs and Projects

	Total
(Total Secured Revenue - Total Expenses)	s.20(1)

### Total RMWB Grant Request

	Amount
Total	s.20(1)



# Application Summary: 2026 - 3414 - Community Impact Grant - Community Programs and Projects

## Total Cost of Program, Project, or Service

Total cost includes all costs of the entire program, project or service.

s.20(1)

## Total Grant Amount Request

Up to 75% of total program, project cost up to maximum of \$100,000.

\$13,080.00

## Grant request as percentage of total cost of program, project or service

Click on the Save Draft button to calculate the percentage.

71%

## Outline any expected non-financial resources being leveraged for this program, project, service or event to demonstrate community support.

HeartSpark leverages strong non-financial resources that reflect deep community support. The Canadian Mental Health Association (Wood Buffalo Region) provides in-kind venue access for weekly sessions. Local professionals volunteer as guest facilitators, sharing expertise in mental wellness, art, and self-care. HeartSpark also benefits from youth leaders and community volunteers who assist with setup, activities, and event coordination. Local families and small businesses occasionally donate snacks, supplies and raffle items. These contributions significantly reduce program costs and demonstrate the community's shared investment in empowering youth through creative connection, wellness and belonging.



# Application Summary: 2026 - 3414 - Community Impact Grant - Community Programs and Projects

## Attachments

**Please attach a budget breakdown for each program, project, service or event if there are multiple requests included in this application.**

[RMWB\\_CIP\\_budget\\_.xlsx](#)  
14.9 KB - 10/14/2025 3:21 PM

Total Files: 1

**Please attach a Partnership Letter(s) of Support for the proposed program, project, service or event to demonstrate authentic partnership and collaboration.**

Applicants may use the >Partnership Letter of Support Template or submit a customized letter.

Each letter should include the following five key elements:

1. Commitment to the partnership and shared initiatives
2. Confirmation of the community need
3. History of prior collaboration or rationale for a new partnership
4. Defined roles, responsibilities, and resource commitments
5. Contact information for the partner organization

Each letter must be signed by an authorized representative of the partner organization.

Please note: The partnership letter is a mandatory requirement for Community Sustaining applicants and optional for Community Impact Grant application.

[Heart\\_Spark\\_LOS\\_\(1\).pdf](#)  
259.2 KB - 10/14/2025 2:38 PM

[Testimonials.pdf](#)  
374.2 KB - 10/14/2025 2:40 PM

Total Files: 2



## Application Summary: 2026 - 3414 - Community Impact Grant - Community Programs and Projects

**Please attach signed Financial Statements for the most recent fiscal year end.**

Year-end date must fall between July 1, 2024 of last year and June 30, 2025.

[HeartSpark\\_Ltd\\_\\_FinancialsApril-December\\_2024.pdf](#)  
165.7 KB - 10/14/2025 2:56 PM

Total Files: 1

## Application Summary: 2026 - 3414 - Community Impact Grant - Community Programs and Projects

### Declaration

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Declaration: In making this application, I, the undersigned, confirm:

- that I have read the appropriate Grant Guidelines;
- that I understand that this application form and all required attachments must be completed in full and received before 2025-10-14 4:30 p.m. MT;
- that I understand that this application form and any attachments shall be part of the Community Investment Program Approval Committee (CIPAC, Council Appointed) meeting agenda and accessible through all methods that the public meeting agenda is available;
- that I understand the term of the Grant is January 1 to December 31, 2026 and that all expenditures must happen during this term; and
- that I am authorized by the applicant organization to complete the application and hereby represent to the Regional Municipality of Wood Buffalo's Community Investment Program and declare that to the best of our knowledge and belief, the information provided is truthful and accurate, and the application is made on behalf of the above-named organization and with the Board of Directors' full knowledge and consent.
- that I understand the personal information collected in this application is collected under the authority of Section 4(c) of the Protection of Privacy Act and is managed in accordance with the Act. It will be used to process your application and contact you if needed during the review of this application. If you have questions about the collection or use of your personal information, you may contact the Manager, Community Partnerships and Initiatives, at 9909 Franklin Avenue, Fort McMurray, AB T9H 2K4 or at 587-919-5522.

### Acknowledgement

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I do hereby certify that to the best of my knowledge, this application contains a full and correct account of all matters stated herein.

### Applicant Name

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Holly Hashimi

### Position/Title

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President

**Date:** 10/14/2025



## **Program, Project or Service Name**

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HeartSpark (ages 9-13)

## **Beginning Date**

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2026-01-13

## **Completion Date**

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Note: The term of the grant is January 1 - December 31, 2026. The program, project, service or event and all expenditures must occur during this term.

2026-12-12

## **Location program, project or service will be provided:**

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Note: If the grant is approved, the communities served will be included in the Grant Agreement and data collection from all communities will be required.  
Do not select the rural community if the service is provided to the clients from rural communities through the urban service area.

Fort McMurray

## **Please complete the following Program/Project or Event Delivery Details.**

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## **Program, Project, or Event Delivery Information**

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**Council approved seven funding priorities. Please indicate which funding priority/priorities are applicable to this application.**

Please select at least 3 funding priorities for the Community Sustaining and Subsidiary Grant applications.  
Please select at least 1 funding priority for the Community Impact Grant (Community Programs and Projects or Community Events) application.

- Community support services and wellness
- Accessibility, inclusion and belonging
- Hosting events/new business and visitors
- Partnership and collaboration
- Rural and Indigenous Communities and Relationships
- Social participation
- Value of culture, heritage and regional pride

**Describe how the proposed program, project, service or event align with these priorities.**

Indigenous – interest and anticipated participation from Indigenous youth.

2SLGBTQ+ – inclusive, anti-bullying, safe space for diverse youth identities.

Visible Minorities / Newcomers – expected to serve newcomer and culturally diverse teens.

People with Disabilities / Neurodivergence – program design is adaptable and inclusive for neurodivergent participants.

People experiencing poverty / low-income families – free programming ensures no financial barrier to participation.

Women and Girls – primary target audience is girls ages 9–13.

Rural Residents – accessible to youth from rural parts of Wood Buffalo with few program options as we have at least one participant live in Anzac.



**In the table below, please identify the total number of unique participants that you anticipate will access the funded program, project, service or event.**

### Target Population

Age	Target Population
Children (0-12 years)	25
Youth (13-18 years)	5
Adults	0
Seniors (65+)	0
Families	0
Community	0
Total	30

**Please identify the equity deserving population the program, project, service or event will serve.**

Youth, 2SLGBTQIA+, Immigrants, refugees and/or newcomers, First Nations, Métis, and/or Inuit Peoples, Other racialized communities, Youth, Women and/or girls, People living in rural communities



**How does your organization ensure that its programs, projects, services or events are accessible and inclusive for anyone who has an interest? Please share examples and success stories of accessibility and inclusivity.**

Accessibility and inclusion are core to HeartSpark. The program is free of charge, removing financial barriers that can prevent families from accessing consistent supports. Snacks are provided at every session, and when funding is available, additional free field trips, outings, and workshops are offered to increase opportunities for all.

HeartSpark actively welcomes girls from all backgrounds, including Indigenous participants, newcomers, 2SLGBTQ+ youth, neurodivergent participants, and families experiencing financial hardship. The program is intentionally anti-bullying, ensuring that every girl feels safe, respected, and accepted.

We always consider applications and make every effort to accommodate new participants if there is capacity. If registration is full, a transparent waitlist is maintained to ensure fairness. Accessibility supports, such as transportation stipends or adapted program materials, may be provided when resources allow.

A partnership with Pets and Wellness Society Wood Buffalo allows a therapy dog, Mrs. Pudding (the facilitator is a certified pet therapy team with Mrs. Pudding), to attend sessions. Her presence helps reduce anxiety, increase comfort, and support participants who may be nervous in group settings. With free access, trauma-informed facilitation, and intentional inclusivity, HeartSpark ensures that every participant has the chance to build confidence, resilience, and friendships in a welcoming and supportive space.



**If applicable, please explain how your program, project, service or event celebrates Indigenous culture, serves Indigenous communities and/or promotes Indigenous healing, language, cultural restoration, or reconciliation.**

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HeartSpark acknowledges that our work takes place on Treaty 8 territory, the traditional lands of First Nations and Métis peoples. We also recognize McMurray Métis, part of Métis Nation of Alberta District 17, as long-standing community members whose culture and presence enrich the Fort McMurray region. Respect for this land and its peoples is central to our approach.

A number of Indigenous girls currently attend HeartSpark. Their voices and experiences are valued, and the program is designed so they feel included, supported, and respected. Our trauma-informed facilitation and anti-bullying framework help create safe spaces where Indigenous participants can engage free from stigma or exclusion.

We are committed to building partnerships with Indigenous-led organizations, Elders, and facilitators. Our goal is to incorporate opportunities for cultural knowledge and connection where appropriate, led by Indigenous community members themselves.

HeartSpark remains free of charge, reducing financial barriers for Indigenous families in both urban and rural areas.

As one parent shared: “As an Indigenous family... **s.20(1)** has become like an ‘auntie’ to my daughter... HeartSpark provides a safe and creative space where my daughter can build friendships and strengthen her sense of relationality, which continues to empower her.” — **s.20(1)**

## Logic Model

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**Statement of Need: What social problem or gap do you hope to address by delivering the program, project, service or event? What evidence do you have that this problem or gap exists?**

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Girls ages 9–13 in Fort McMurray face significant pressures related to bullying, body image, mental health and social isolation. National research shows that one in three Canadian children report being bullied regularly, and rates of anxiety and depression in pre-teens are increasing (CAMH, CMHA, StatsCan).

Locally, HeartSpark has documented strong and growing demand for accessible, preventative programming. Since its launch in 2023, HeartSpark has run over 138 free sessions for girls (Fall, Winter, Spring, and Summer). Attendance nearly tripled in the first year and remains consistently strong, with new spaces filling when available.

As one parent shared:

“I continue to enroll my daughter because HeartSpark is one of the few social activities she enjoys and in which she feels comfortable participating. She is autistic and has ADHD, and most other extracurricular activities are not designed with neurodiversity in mind. Finding a space where she feels accepted and safe is so important.” — s.20(1)

As the only free, year-round creative wellness program of its kind in the region, HeartSpark addresses a critical gap, particularly for equity-deserving youth such as Indigenous, neurodivergent, rural, and low-income participants.

**Broad Strategy: How will the program, project, service or event address the social problem? (e.g., What approach are you taking that you hope will lead your program, project, service or event to support the social problem?)**

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HeartSpark (9–13) uses a preventative, creative wellness approach to address bullying, isolation, and mental health challenges among girls ages 9–13. The strategy is to provide free, year-round, trauma-informed programming that combines creativity, peer support, and skill-building in a safe, inclusive environment.

The program is designed to be accessible and equity-focused, ensuring participation from Indigenous, rural, newcomer, neurodivergent, and 2SLGBTQ+ youth. Practical supports like snacks, therapy dog presence, and occasional field trips/outings further strengthen accessibility and bonding.

A distinctive strength is that the same facilitator has consistently led the program since its inception. This continuity allows for deep trust, stronger role modeling, and sustained impact as participants grow. Parents frequently cite this consistency as one of the reasons their children feel safe and return each week.

By continuing to operate at low cost with little overhead, HeartSpark maximizes impact while maintaining long-term sustainability.

**Rationale: What evidence or research do we have that this strategy will work? To demonstrate for example, "If [my organization] does 'x' program, project, service or event, then [this] change will happen for the target population."**

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HeartSpark is built on research showing that early intervention and safe, consistent spaces help prevent long-term mental health struggles. National surveys (Children First Canada) report that 71% Canadian children between the ages of 12-17 experience bullying and that pre-teen girls face rising rates of anxiety, low self-esteem and body image concerns. Programs that combine creativity, peer support, and wellness education are shown to improve coping skills, resilience, and social connection.

Locally, demand for HeartSpark demonstrates this need. Attendance remains high, turnover remains low, and families report significant improvements in their children's confidence, friendships, and ability to handle challenges. Parents describe the program as life-changing, highlighting its accessibility and safe, inclusive culture.

HeartSpark's model works because it blends evidence-based practice (trauma-informed facilitation, anti-bullying strategies, creative expression, lived experience) with community-based delivery (therapy dog partnership, volunteering, accessible snacks and supplies). A further strength is that the same facilitator leads all sessions. This consistency builds trust over time, creates stability, and provides girls with a positive role model who grows with them through critical stages.

**Inputs: What resources will be invested to achieve your goal? (e.g., staff labour, venue space, volunteers, computers, etc.)**

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Consistent facilitator (trauma-informed, experienced, trusted role model).

Therapy dog ("Mrs. Pudding") through PAWS partnership.

Program supplies (art materials, snacks, games, toys).

Community volunteers and in-kind support.

Donated space or low-cost rentals.

Parent and family engagement.

Volunteer administration of program

**Activities: What activities make up the program, project, service or event? (e.g., workshops, mentorship sessions, etc.)**

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Weekly sessions combining creative projects, guided discussions, and team-building activities.

Anti-bullying and inclusivity education through peer support and lived experience embedded throughout.

Community volunteering opportunities (seniors' visits, local events).

Therapy dog present to reduce anxiety and encourage peer connection.

Optional free field trips, workshops, and outings (as funding allows).

**Outputs: What do you deliver? (e.g., # of total participants trained, # of organizations, # of sessions, # of events, etc.). Note, each activity should have outputs.**

Note: If the program, project, service or event is approved, your outputs may be included in the Grant Agreement and data collection on the outputs is required.

70+ weekly sessions per year accommodating up to 30 participants.

Due to low turnover a majority of the spots are usually kept by the same kids.

At least 3–4 community volunteering opportunities annually.

2–3 field trips or special workshops when funded.

Ongoing parent engagement and feedback.

**Outcomes: What change do you want to see for the participants by running your program, project, service or event? Organizations are required to identify at least one outcome, that will be measured through the grant period, should the application be approved.**

Note: If the program, project, service or event is approved, your outcomes will be included in the Grant Agreement and data collection on the outcomes is required.

Short-term (0–12 months):

Increased sense of belonging, peer support, and confidence.

Reduced anxiety and bullying behaviours.

Participants demonstrate leadership through volunteering and ownership of the HeartSpark program.

Medium-term (1–2 years):

Strengthened resilience, social skills, and healthy self-image.

Greater empathy and inclusivity in peer relationships.

Families report improved confidence and wellbeing.

Long-term (3+ years):

Lasting peer networks and reduced isolation.

Participants more likely to thrive in adolescence with strong social-emotional foundations.

Stronger community resilience through youth leadership.

**What tools will you use to measure the outcomes of the program, project, service or event?**

Note: If your organization is approved for funding, copies of the measurement tools selected will be requested.

Surveys, Interviews, Observation

**Please provide details of how your program, project, service or event differs from other services being offered in the community.**

HeartSpark for girls 9-13 is unlike any other program available in Fort McMurray. While there are excellent opportunities through organizations such as Big Brothers Big Sisters or Girls Inc., HeartSpark fills a unique gap by offering free, year-round weekly programming that combines creativity, friendship, leadership, pet therapy and wellness in one inclusive model.

What sets HeartSpark apart is its consistent and trauma-informed focus on anti-bullying, healthy body image and positive relationships with food, combined with the presence of a therapy dog to help reduce anxiety and build comfort. Optional community volunteering allows girls to practice leadership and empathy in real-world settings. Where funding is available, additional free programming such as field trips, group outings, and workshops deepen peer bonds and extend learning beyond weekly sessions. HeartSpark operates with extremely low costs compared to most programs. We do not pay wages, rely heavily on in-kind contributions and volunteers, and have little-to-no overhead. This ensures that nearly every dollar invested goes directly to participant programming – supplies, facilitation, snacks, and safe space rentals.

By blending creativity, wellness, and community connection at minimal cost, HeartSpark provides life-changing experiences that are otherwise unavailable to local families, making it a truly unique program here.

**This grant is intended to promote an allied social profit sector within the Municipality. List the community groups or organizations that will be actively involved in the program, project, service or event delivery.**

Community Organization or Group	Role
Pets and Wellness Society	Volunteer (Holly Hashimi with Mrs. Pudding)
StudioStudio	Facilitator (art therapist facilitates sessions occasionally)
Fairytale Wellness & Horsemanship	Facilitator / Fundraiser
Wood Buffalo Sport Connection	Facilitator (Holly facilitates at their annual Girls With Grit program)
Choosewell Grants	Funder (provided funding for a healthy bodies/image program running into 2026)
Lasha Barbosa Fine Art	HeartSpark volunteers at her brain tumour walk
Rotary House	HeartSpark volunteers with the seniors at Rotary House



## **Program, Project or Service Name**

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HeartSpark (ages 14-17)

## **Beginning Date**

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2026-01-12

## **Completion Date**

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Note: The term of the grant is January 1 - December 31, 2026. The program, project, service or event and all expenditures must occur during this term.

2026-12-07

## **Location program, project or service will be provided:**

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Note: If the grant is approved, the communities served will be included in the Grant Agreement and data collection from all communities will be required.  
Do not select the rural community if the service is provided to the clients from rural communities through the urban service area.

Fort McMurray

## **Please complete the following Program/Project or Event Delivery Details.**

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## **Program, Project, or Event Delivery Information**

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**Council approved seven funding priorities. Please indicate which funding priority/priorities are applicable to this application.**

Please select at least 3 funding priorities for the Community Sustaining and Subsidiary Grant applications. Please select at least 1 funding priority for the Community Impact Grant (Community Programs and Projects or Community Events) application.

- Community support services and wellness
- Accessibility, inclusion and belonging
- Hosting events/new business and visitors
- Partnership and collaboration
- Rural and Indigenous Communities and Relationships
- Social participation
- Value of culture, heritage and regional pride

**Describe how the proposed program, project, service or event align with these priorities.**

HeartSpark (14–17) will expand our proven model for younger girls to meet growing demand from older youth seeking safe, supportive spaces. Several 14-year-olds currently in HeartSpark and others in the community have expressed the need for continued programming as they age. This new stream will align with Council priorities by promoting mental health, peer support, and anti-bullying education, while addressing gaps in accessible programming for teen girls, Indigenous youth, newcomers, 2SLGBTQ+ participants, and those navigating body image or self-esteem challenges. By offering a free, inclusive, year-round program, HeartSpark (14–17) will build resilience, leadership, and belonging for older teens.

**In the table below, please identify the total number of unique participants that you anticipate will access the funded program, project, service or event.**

### Target Population

Age	Target Population
Children (0-12 years)	0
Youth (13-18 years)	10
Adults	0
Seniors (65+)	0
Families	0
Community	0
Total	10



**Please identify the equity deserving population the program, project, service or event will serve.**

Youth, 2SLGBTQIA+, Immigrants, refugees and/or newcomers, First Nations, Métis, and/or Inuit Peoples, Other racialized communities, Youth, Women and/or girls, People living in rural communities



**How does your organization ensure that its programs, projects, services or events are accessible and inclusive for anyone who has an interest? Please share examples and success stories of accessibility and inclusivity.**

Accessibility and inclusion are central to HeartSpark (14–17), which expands the proven 9–13 model to ensure older teens can continue in a safe, supportive environment. The program will remain free of charge, removing financial barriers that often prevent youth from accessing consistent supports. Snacks will be provided at every session, and, when funding allows, additional free field trips, workshops, and outings will be offered to strengthen bonds and extend learning opportunities.

HeartSpark (14–17) will welcome participants from diverse backgrounds, including Indigenous youth, newcomers, 2SLGBTQ+ teens, neurodivergent participants, and families experiencing financial hardship. The program is intentionally anti-bullying and trauma-informed, ensuring that all participants feel respected, safe, and included.

A key feature of accessibility is facilitator consistency. The same facilitator who has led HeartSpark (9–13) will continue with this older group, creating stability, trust, and a strong role model for participants transitioning into adolescence.

We always consider applications and make every effort to accommodate participants where there is capacity. When registration is full, a transparent waitlist is maintained. Accessibility supports – such as transportation stipends, adapted program materials, or flexible participation options – are provided as resources allow, ensuring equity for all teens who wish to attend.

**If applicable, please explain how your program, project, service or event celebrates Indigenous culture, serves Indigenous communities and/or promotes Indigenous healing, language, cultural restoration, or reconciliation.**

HeartSpark (14–17) acknowledges that our work takes place on Treaty 8 territory, the traditional lands of First Nations and Métis peoples. We also recognize McMurray Métis, part of Métis Nation of Alberta District 17, as long-standing community members whose culture and presence enrich the Fort McMurray region. Respect for this land and its peoples is central to our approach.

Several Indigenous girls currently attend HeartSpark (9–13). As they age, families have expressed a strong desire for their daughters to continue in HeartSpark because there are no comparable free, year-round programs for older youth. HeartSpark (14–17) will ensure Indigenous participants can transition into a safe, supportive, and familiar program where their voices continue to be valued.

The same facilitator will lead both streams, providing trusted continuity and mentorship. Our trauma-informed facilitation and anti-bullying framework will help Indigenous teens engage without stigma or exclusion, building on the safe foundation already established.

We are committed to building partnerships with Indigenous-led organizations, Elders, and facilitators to incorporate opportunities for cultural knowledge and connection, led by Indigenous voices. By remaining free of charge and reducing barriers such as transportation or material costs, HeartSpark will ensure Indigenous teens continue to access creative, inclusive, and empowering programming

## Logic Model

**Statement of Need: What social problem or gap do you hope to address by delivering the program, project, service or event? What evidence do you have that this problem or gap exists?**

Adolescence is a critical period when pressures related to bullying, peer dynamics, and body image intensify. National data shows that teenage girls are at heightened risk of anxiety, depression, and low self-esteem, with more than 60% reporting ongoing pressure about appearance or belonging (CAMH, CMHA, StatsCan).

Locally, families confirm the need for safe, inclusive spaces tailored to older teens. While HeartSpark (9–13) is well established, there are no free, year-round creative wellness programs for girls ages 14–17 in Fort McMurray. As participants age out of the younger stream, they and their families express a strong desire to continue. Several girls who are now 14 – or turning 14 soon – have already stated they plan to remain because there is nothing else that meets their need for belonging, creativity, and peer support. Attendance data from HeartSpark (9–13) demonstrates both demand and impact, with participants engaged since 2023 and consistent enrolment across all sessions.

**Broad Strategy: How will the program, project, service or event address the social problem? (e.g., What approach are you taking that you hope will lead your program, project, service or event to support the social problem?)**

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HeartSpark (14–17) will expand the proven HeartSpark model to meet the needs of older teens. The strategy is to adapt the successful 9–13 structure – free, weekly, trauma-informed, creative wellness sessions – to a 14–17 age group, addressing challenges like bullying, body image, and peer pressure. Weekly sessions will blend creative projects, open discussions, and workshops led by local professionals (e.g., hygiene, skincare, esthetics), alongside leadership-building opportunities and optional community volunteering. Funding will also enable additional free field trips, outings, and workshops that strengthen peer connection.

The program strategy is grounded in HeartSpark’s track record of sustainable growth and effective delivery. Managing the 9–13 program, nonprofit development, and personal/career responsibilities simultaneously has proven the capacity of HeartSpark’s leadership to remain creative, collaborative, and accountable while ensuring quality programming. By expanding this model, HeartSpark (14–17) will fill a critical gap for teens with a tested and sustainable approach.

**Rationale: What evidence or research do we have that this strategy will work? To demonstrate for example, "If [my organization] does ‘x’ program, project, service or event, then [this] change will happen for the target population."**

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HeartSpark (14–17) is grounded in the success of HeartSpark (9–13), which has proven that free, creative, trauma-informed programming builds resilience, confidence and belonging for girls in Fort McMurray. National research shows that adolescence (ages 14–17) is a period of heightened vulnerability: girls face greater risks of bullying, exclusion and body image pressures, while rates of anxiety and depression increase sharply. Creative, inclusive wellness programs improve self-esteem, strengthen peer connections and reduce risk factors that contribute to poor mental health outcomes. The rationale for expansion is clear. Several HeartSpark participants who are now 14–or turning 14–have expressed a strong desire to remain in the program because there are no other spaces where they feel safe, included and supported. Families confirm that the absence of free, year-round programming for older teens leaves a significant gap.

HeartSpark (14–17) will directly address this gap carrying forward the same trauma-informed approach, safe peer culture and equity-focused design while introducing age-appropriate elements such as professional-led workshops in hygiene and self-care. A further strength is that the same facilitator leading the older group, ensuring continuity, stability and trusted role modeling as participants transition into adolescence.



**Inputs: What resources will be invested to achieve your goal? (e.g., staff labour, venue space, volunteers, computers, etc.)**

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Consistent facilitator (same as 9–13 program, ensuring continuity and trust).  
Program supplies (art and wellness materials, snacks).  
Local professionals (hygiene, skincare, esthetics workshops).  
Community volunteers and in-kind support.  
Donated or low-cost space.  
Parent and youth engagement.  
Volunteer administration of program

**Activities: What activities make up the program, project, service or event? (e.g., workshops, mentorship sessions, etc.)**

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Weekly creative wellness sessions (projects, discussions, skill-building).  
Anti-bullying and inclusivity education tailored to teens.  
Practical workshops with local professionals on self-care and confidence.  
Optional community volunteering opportunities (helping at events, peer mentoring).  
Free field trips, workshops, and outings where funding is available.

**Outputs: What do you deliver? (e.g., # of total participants trained, # of organizations, # of sessions, # of events, etc.). Note, each activity should have outputs.**

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Note: If the program, project, service or event is approved, your outputs may be included in the Grant Agreement and data collection on the outputs is required.

35+ weekly sessions per year.  
Space for 10 individuals  
At least 2–3 community volunteering opportunities annually.



**Outcomes: What change do you want to see for the participants by running your program, project, service or event? Organizations are required to identify at least one outcome, that will be measured through the grant period, should the application be approved.**

Note: If the program, project, service or event is approved, your outcomes will be included in the Grant Agreement and data collection on the outcomes is required.

Short-term (0–12 months):

Teens feel safe, supported, and included.

Increased knowledge of self-care and resilience strategies.

Greater peer connection and reduced isolation.

Medium-term (1–2 years):

Improved self-esteem, leadership, and healthy peer relationships.

Participants demonstrate empathy, confidence, and positive coping strategies.

Stronger youth voice and community engagement.

Long-term (3+ years):

Teens transition into adulthood with stronger confidence, belonging, and leadership capacity.

Reduced vulnerability to bullying, exclusion, or harmful coping behaviours.

Healthier, more resilient youth community in Wood Buffalo.

Older teens train to mentor younger kids in HeartSpark program, which creates a full circle and enriches both their experience and skills.

**What tools will you use to measure the outcomes of the program, project, service or event?**

Note: If your organization is approved for funding, copies of the measurement tools selected will be requested.

Surveys, Interviews, Observation

**Please provide details of how your program, project, service or event differs from other services being offered in the community.**

HeartSpark (14-17) is designed to fill a critical gap for teens ages 14–17 in Fort McMurray, building on the success of HeartSpark’s younger girls’ program. Unlike other local services, HeartSpark Youth will be the only free, year-round program blending creative expression, practical wellness education, and anti-bullying support in a safe, inclusive space.

The program’s uniqueness lies in its combination of creativity, leadership, and mentorship with practical guidance from local professionals. Sessions on hygiene, skincare, and esthetics provide teens with valuable self-care tools while reinforcing healthy, realistic body image and confidence. The program also integrates leadership development and optional community volunteering, helping participants build empathy, responsibility, and stronger ties to their community. When funding is available, additional free field trips, outings, and workshops further increase bonding and learning opportunities.

HeartSpark operates at a fraction of the cost of larger organizations. We rely on in-kind contributions, do not pay volunteer wages, and carry little-to-no overhead, ensuring that nearly all resources directly benefit participants.

This combination of low cost, trauma-informed facilitation, and a unique program model makes HeartSpark Youth a one-of-a-kind offering, addressing critical gaps in support for local teens while maximizing the value of every dollar invested.

**This grant is intended to promote an allied social profit sector within the Municipality. List the community groups or organizations that will be actively involved in the program, project, service or event delivery.**

Community Organization or Group	Role
Pets and Wellness Society	Volunteer (Holly Hashimi with Mrs. Pudding)
StudioStudio	Art therapy facilitator
CMHA	Discounted space rental
Lasha Barbosa Fine Art	HeartSpark volunteers at her annual brain tumour walk, and hope to introduce the kids to her
Darlene Scharf Makeup Artistry	Facilitation for teen esthetics
Waypoints	Online safety/health relationships presentation

Purpose:

To sustain HeartSpark's free weekly creative wellness sessions for girls and launch a new teen leadership and wellness program (this is a combined budget for both programs.)

All funding directly supports participant programming.

Total Program Cost: \$10,930

Request from RMWB CIP: \$

Covered by HeartSpark (fundraising & in-kind): \$7,430

Category	Total Cost	Request from RWMB CIP	Covered by HeartSpark (fundraising/in-kind)	Type
Facilitator Fees*	s.20(1)			
Guest Facilitators	\$700	\$700	\$500	Cash
Venue (CMHA Space)	\$1,500	\$1,500	\$0	Cash
Supplies	\$3,000	\$2,500	\$1,000	Cash/donation
Nonprofit and program	\$1,900	\$0	\$1,900	Volunteer time at s.20(1)
Insurance (directors/liability)	\$1,866	\$0	\$1,866	Cash
Snacks/Refreshments	\$2,800	\$1,800	\$1,000	Cash
<b>Total</b>	<b>s.20(1)</b>			

HeartSpark operates with minimal overhead and relies heavily on volunteer and in-kind support. Every dollar from CNRL would go directly toward

\*Transparency Statement: HeartSpark Ltd. may contract facilitation services through HeartSpark Creative Inc., a separate business operated by founder Holly Hashimi. This ensures consistent, professional delivery while maintaining a clear separation of nonprofit and business finances.

Facilitation fees are based on a nonprofit rate s.20(1) and cover planning, program delivery and coordination time. All rates are below market cost for comparable creative mental-health programming, and the facilitator also provides significant volunteer and in-kind time.

HeartSpark Ltd. has written transparency policies and annual board review of any related-party agreements to ensure accountability and ethical practice.

HeartSpark (ages 9-13)

Category	Total Cost	Request from RWMB CIP	Covered by HeartSpark (fundraising/in-kind)
Facilitator Fees*	<b>s.20(1)</b>		
Guest Facilitators	\$400	\$400	\$0
Venue (CMHA Space)	\$1,200	\$1,200	\$0
Supplies	\$2,000	\$1,500	\$500
Administration of programs	\$1,500	\$0	\$1,500
Snacks/Refreshments	\$1,800	\$1,000	\$800
<b>Total</b>	<b>s.20(1)</b>		

HeartSpark operates with minimal overhead and relies heavily on volunteer and in-kind support. Every dollar from RWMB CIP would go directly toward participant programming.

\*Transparency Statement: HeartSpark Ltd. may contract facilitation services through HeartSpark Creative Inc., a separate business operated by founder Holly Hashimi. This ensures consistent, professional delivery while maintaining a clear separation of nonprofit and business finances. Facilitation fees are based on a nonprofit rate **s.20(1)** and cover

HeartSpark (ages 14-17)

Category	Total Cost	Request from RWMB CIP	Covered by HeartSpark (fundraising/in-kind)
Facilitator Fees*	<b>s.20(1)</b>		
Guest Facilitators	\$300	\$300	\$0
Venue (CMHA Space)	\$300	\$300	\$0
Supplies	\$1,000	\$1,000	\$0
Administration of programs/nonprofit	\$400	\$0	\$400
Snacks/Refreshments	\$1,000	\$500	\$500
<b>Total</b>	<b>s.20(1)</b>		

HeartSpark operates with minimal overhead and relies heavily on volunteer and in-kind support. Every dollar from RWMB CIP would go directly toward participant programming.

services through HeartSpark Creative Inc., a separate business operated by founder Holly Hashimi. This ensures consistent, professional delivery while maintaining a clear separation of nonprofit and business finances.



**Canadian Mental  
Health Association**  
**Wood Buffalo**  
#111 8530 Manning Avenue  
Fort McMurray, AB T9H 5G2  
TEL: (780) 743-1053  
FAX: (780) 743-0959  
WWW.WOODBUFFALO.CMHA.CA

**October 7, 2025**

**Subject: Letter of Support and Partnership**

To Whom It May Concern,

On behalf of the Canadian Mental Health Association, Wood Buffalo Region (CMHA Wood Buffalo), I am pleased to provide this letter of support and partnership for *Heart Spark* and their impactful work with girls aged 9 to 13 in our region.

Heart Spark's mission to foster a culture of lifelong learning and nurture compassionate connections among pre-teen and teenage girls strongly aligns with CMHA Wood Buffalo's commitment to creating an inclusive community. We believe in celebrating every individual's unique experience, perspectives, and identities, and we recognize the critical importance of early intervention and empowerment during the formative years.

CMHA Wood Buffalo is proud to continue our collaboration with Heart Spark. Together, we aim to build a safe, welcoming environment where diversity is embraced, and every young person feels valued and supported. Through this partnership, we strive to cultivate empathy, understanding, and acceptance—ensuring that differences are seen not as obstacles, but as sources of strength and innovation.

Our organizations have already worked together successfully to ensure that Heart Spark had a dedicated space to deliver their programming. We are committed to continuing this support by providing space for ongoing activities and ensuring that the girls and teens in the program have consistent opportunities for connection and growth.

As a dedicated partner, CMHA Wood Buffalo will also remain a resource and referral agency for Heart Spark. We are here to provide relevant information and support to participants and their families, helping to create a network of care and community.

For further information or clarification, please feel free to contact me directly:

**Susan Goll**

Executive Director

CMHA Wood Buffalo

Phone: s.20(1)

Email: [director@woodbuffalo.cmha.ab.ca](mailto:director@woodbuffalo.cmha.ab.ca)

We look forward to our continued collaboration and to the positive impact this partnership will continue to have on the young people in our community.

Warm regards,

**Susan Goll, Executive Director CMHA Wood Buffalo**





## Parent Testimonials

These testimonials were voluntarily submitted by parents whose children are currently enrolled in HeartSpark free programming for girls 9-13.

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*HeartSpark is an asset to our community. It has given my child a sense of belonging, confidence to be themselves, and the ability to grow as an individual. What makes this program so unique is the fact the Mrs Pudding attends weekly which reduces anxiety, opens up conversation with peers, and strengthens empathy skills. This program has been amazing for my child and I will continue to enroll while I can.*

**s.20(1)**

*I continue to enroll my daughter because HeartSpark is one of the few social activities she enjoys and in which she feels comfortable participating. She is autistic and has ADHD, and most other extracurricular activities are not designed with neurodiversity in mind. Finding a space where she feels accepted and safe is so important. We also appreciate the volunteer opportunities, as she loves to help out in the community but would be too young to do this independently.*

**s.20(1)**

*Heart Spark is a new part of our Tuesday's evenings. It has given my daughter a safe space to speak, have fun and make new friendships. With her having a bit of social anxiety I feel very comfortable with her going to this club as I know that she is in a safe space. She looks forward to going every Tuesday. I wish everyone had the opportunity to take part of this*

**s.20(1)**

*For the past year, my daughter has been registered with HeartSpark, and each week she is excited and happy to attend—often looking forward to it days in advance. This program has become an integral part of her life, and from the outside looking in, I've been able to watch her grow into a more resilient, confident, and kind person.*

*As an Indigenous family, the people we welcome into our children's lives truly become part of our family. In this instance, I can honestly say **s.20(1)** has become like an 'auntie' to my daughter. She teaches through gentle kindness and passion, and I have seen the results in my child as she has grown in confidence and positive self-expression.*

*HeartSpark provides a safe and creative space where my daughter can build friendships and strengthen her sense of relationality, which continues to empower her. We deeply value this program—not only for its meaningful content and **s.20(1)** invaluable mentorship, but also because it remains free and accessible to all families in our community.*

**s.20(1)**

October 2025

To Whom It May Concern:

Heartspark Testimonial

Sincerely,

s.20(1)

Parent s.20(1)

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My daughter has been part of HeartSpark since it began, and over that time I've seen enormous change in her. She has grown in confidence, resilience, she gained new friendships, formed sense of belonging, and she looks forward to attending every week. Having a safe, inclusive, and creative space has made a real difference for her, especially when it comes to expressing herself.

s.20(1) I've also witnessed the program's impact on other families. I've seen how the girls support each other, how the therapy dog (Ms. Pudding) not only helps reduce anxiety but has become such a huge part of the program and the girls' lives; having s.20(1) consistency as a facilitator has built so much trust within the program, not only for the girls but also the parents. I'm so impressed by the program's growth and how the no/low-cost opens it up to all girls, the high-impact model and the way it includes Indigenous, neurodivergent, and newcomer youth creates a space that is safe for everyone.

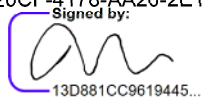
What makes HeartSpark truly unique is s.20(1) role as facilitator. She brings a combination of skill, trauma-informed awareness, and creativity that allows every girl to feel safe and included. Because she has built trusting relationships with the kids and with families in our community, she is able to reach them in ways that others cannot.

I've also had the chance to see the impact of HeartSpark's women's programming. Some of my own relatives have taken part, and I've noticed changes in them — e.g., more confidence, creativity, connection, or feeling less isolated; even stating things like "I didn't know something was missing until I was part of the HeartSpark community". It's been meaningful to watch how this programming supports women at different stages of life just as it supports our girls.

Looking ahead, it is so important that HeartSpark expands to include teenagers. My daughter is soon aging out of the **s.20(1)** program, and there is nothing else like it for older girls. Continuing this model for teens will ensure they don't lose the safe space, peer support, and role modeling they rely on as they enter high school.

As **s.20(1)** a parent **s.20(1)** I can say that HeartSpark is filling a real gap in our community. It provides belonging, empowerment, leadership and volunteer opportunities for girls and women who may not otherwise have access to this kind of support. It's a program I deeply value, and one that deserves to be sustained and expanded for the future.

**s.20(1)**

Signed by:  
  
 13D881CC9619445...

HeartSpark Ltd. Finance

Treasurer

Heart Spark LTD

April                      May                      June                      July                      August                      September                      October                      November

**Income Statement**

	Apr-24	May-24	Jun-24	Jul-24	Aug-24	Sep-24	Oct-24	Nov-24
<b>ASSETS</b>								
<b>Current Assets</b>								
Donation	1,494.50	425.00	800.00	1,010.00	1,950.00	-	-	100.00
Fundraising	-	226.00	1,149.59	2,003.10	1,303.81	1,341.30	508.50	324.86
Bracelets	-	226.00	763.87	517.37	282.58	758.17	508.50	156.00
AGLC - 12 01 2024 Winter Raffle Bas	-	-	-	-	-	-	-	-
AGLC - 11 02 2024 Fall Raffle Baskte	-	-	-	-	-	-	-	84.00
AGLC - 08 31 2024 raffle	-	-	335.72	591.99	300.75	502.24	-	-
AGLC - 07 16 2024 prize draw	-	-	-	828.02	-	-	-	-
Tea Party	-	-	-	-	680.00	73.89	-	-
Events	-	43.09	125.25	-	813.54	1,051.86	173.88	-
Period Positivity	-	43.09	125.25	-	-	-	-	-
Paint Nights - September 2024	-	-	-	-	464.88	812.64	173.88	-
Grants	-	-	-	-	-	-	-	-
<b>Non-Current Assets</b>								
Property, Equipment (Computer)								
<b>Other Assets</b>								
Other Assets								
<b>TOTAL ASSETS</b>	<b>1,494.50</b>	<b>694.09</b>	<b>2,074.84</b>	<b>3,013.10</b>	<b>4,067.35</b>	<b>2,393.16</b>	<b>682.38</b>	<b>424.86</b>
<b>LIABILITIES</b>								
<b>Current Liabilites</b>								
Administrative	301.88	935.53	17.85	17.85	19.05	196.68	60.38	1,207.50
Bank fee	-	5.25	14.25	14.10	19.05	6.00	10.38	7.50
Program Supplies	117.07	29.16	205.74	142.11	130.56	134.04	155.59	393.43
Snacks	55.94	29.16	94.34	76.96	-	52.00	68.57	104.07
Sweaters	-	-	28.00	-	66.00	-	-	214.42
Materials	61.13	-	47.53	65.15	-	-	-	-
Space Rental	-	-	-	-	-	-	300.00	-

## Heart Spark LTD

	April	May	June	July	August	September	October	November
<b>Income Statement</b>								
	Apr-24	May-24	Jun-24	Jul-24	Aug-24	Sep-24	Oct-24	Nov-24
Program Equipment	-	-	-	101.52	53.67	-	38.82	-
Training/PD	160.00	-	-	-	-	-	-	-
Fundraising	62.76	486.88	397.74	316.67	1,254.73	83.64	220.87	15.22
Bracelets	-	383.25	145.32	283.10	111.04	83.64	220.87	15.22
Tea Party	-	-	-	12.58	139.19	-	-	-
Sweaters	-	-	194.58	20.99	-	-	-	-
Events	-	-	754.52	73.47	294.86	66.50	500.00	-
Period Positivity	-	-	654.00	-	-	-	-	-
VolunteerFest	-	-	33.58	-	-	-	-	-
Paint Nights - September 2024	-	-	-	-	278.07	52.50	500.00	-
Volunteering	-	-	-	-	-	19.39	-	-
Advertising	-	157.50	63.19	-	-	-	-	-
Donation	-	-	-	34.42	-	-	-	-
<b>Long Term Liabilites</b>								
Office Leases								
<b>TOTAL LIABILITIES</b>	641.71	1,609.07	1,439.04	686.04	1,752.87	500.25	1,275.66	1,616.15
<b>Net Assets without Donor Restrictions</b>	852.79	- 914.98	635.80	2,327.07	2,314.48	1,892.91	- 593.28	- 1,191.29
<b>Net Assets with Donor Restrictions</b>								

### Check Statement Balance

Credits	12,307.81	2,629.03
Debits	17,958.19	2,630.92
Net	<b>5,650.38</b>	

December

Dec-24	YTD TOTAL	
	-	
	-	
-	5,779.50	
482.99	7,340.15	
287.86	3,500.35	0.2283740027
195.13	195.13	0.1851503888
-	84.00	
-	1,730.70	
-	828.02	
-	753.89	0.04918618906
-	2,207.62	
-	168.34	
-	1,451.40	0.09469396703
-	-	
		<b>Taxable Income = Revenue - donations - expenses</b>
482.99	15,327.27	- 131.01
6.00	2,762.72	
6.00	82.53	
52.00	1,359.69	
-	481.04	
52.00	360.42	
-	173.81	
100.00	400.00	

December

Dec-24	YTD TOTAL
-	194.01
-	160.00
-	2,838.51
-	1,242.44
-	151.77
-	215.57
-	1,689.35
-	654.00
-	33.58
-	830.57
-	19.39
-	220.69
-	34.42
158.00	9,678.78
324.99	5,648.49
	-